



The BURGEE

December 2023
(Ugly Sweater edition)
Published Bi-Monthly

SeaGate Yacht Club
Friendship & Boating Since 1976

Smooth Landing

Tiffany Tokar Vlasek, Commodore



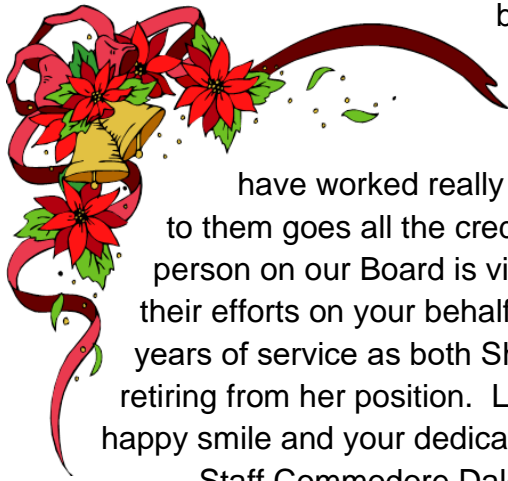
As this year comes to a close, our long, adventurous “flight” is preparing for a smooth landing. I have immensely enjoyed our journey together and I am so very grateful for the friendship and camaraderie that this club provides. Whether our get togethers were on a boat, in the clubhouse, on a dock or at a member’s home, the memories that we’ve made this year will stick with me *forever*. I

hope that all of you have enjoyed this year as well. I’m proud of the fact that we had a whopping 102 members and guests at our Dinner at Tiffany’s, The Commodore’s Ball 2023. We literally sold the place out!

I am honored by the participation of so many of our Staff Commodores at our Staff Commodores Happy Hour that we held in March. The purpose of which was for the Board to pay the SC’s the respect that they deserve but also for us to learn from them and their experiences. *(For those of you that were not at the Annual Meeting in October, I told the story that night of how I was inspired for the name of our Commodore’s Ball this year. At the SCHH, I sat with SC Maryann Brinket. She showed me the memory album that she had made for her husband Oscar who was Commodore in 1999. The theme they came up with for their event was An Evening With Oscar. I loved that, and was so grateful to have had that time with Maryann, as she sadly passed the very next morning.)*

I was thrilled that we were able to bring back our Commodore’s Cruise in May and our Catalina Cruise in September after not having those events during our Covid years. Also, our club has a new, updated website





brought to us almost entirely through the efforts of Vice Commodore Grace Toy. Please check it out when you can: www.SeagateYachtClub.com.

Your Board along with our event hosts, have worked really hard on our events throughout this whole year, and to them goes all the credit. Nothing gets done in a vacuum, and every single person on our Board is vital to its success. I am humbled and grateful for all their efforts on your behalf. I would be remiss if I did not mention that after 8 years of service as both Ship's Store and as Secretary, Laura Roskelly is retiring from her position. Laura, we love you and will miss your laughter, your happy smile and your dedication to our little club. Thank you so very much.

Staff Commodore Dale Giali is also stepping down as one of our Judge Advocates, but with Judge Advocate Sue Westover-Giali still on the job, we know for sure that we are very much in capable hands should any legal issues arise. Thank you, Staff Commodore Dale!

The Ship's Store Holiday Boutique is immediately followed by the Holiday Boat Parade, and our New Years Eve Party right after that. This time of year goes by quickly, so please take time out to truly relax and enjoy yourselves with family and friends. We are so fortunate to live in the SeaGate Community and the beautiful Huntington Harbour. Our way of life is very unique and every time I walk out on my back patio and look down the channel to the west at a breaking sunrise or to the east at a pink and golden sunset, I pinch myself that I live here, and that I live here with all of you, so Thank You for taking this ride with me. I wish our incoming Commodore Grace Toy and our 2024 Board much success. Y'all buckle up now for that smooth landing I promised you, here we go!

THE BIG THREE

By Vice Commodore Grace Toy

Hi Everyone,

I wanted to share the following 3 items with you all.

1. 2023 East Coast New Year's Eve Party
2. 2024 Event Calendar
3. A Personal Message from the Soon-to-Be first Asian-American Commodore of SGYC

1 - 2023 New Year's Eve Party (East Coast Style)

If you haven't signed up for our New Year's Eve party yet, there's no time like the present. There will be delicious food from Wood Ranch BBQ, dancing to the tunes spun by DJ Emiliano, and striking your poses in a Photo Booth where you can print out the pictures on the spot! Most importantly, this will be a New Year's Eve party on East Coast time, meaning the party gets started at 6, and the ball drops at 9 p.m. Pacific Time! You can be back home and in your jammies before 10, or hang with us and dance a bit longer. Either way, come join the fun! We can't wait to see you.



2 - 2024 Event Calendar

We are so very excited for the next year! We have some favorite traditional activities and have sprinkled in some new events to shake things up just enough. Take a peek at the events calendar to see what we have in store. Please note that we are still looking for event hosts, or anyone who is willing to help coordinate 3 of our events next year. If you're interested in helping out or being an event host, please contact Grace Toy at 562-292-8150 or Melinda Johnson-Pasqua at mjohnsonpasqua@gmail.com.



3 – Personal Message from the first Asian-American Commodore of SGYC

I am so very excited to be your first Asian-American Commodore! We have an exciting calendar of events, some on land and some on the water. We will be building out our new website throughout the year so please be patient with us as we have a little bit of a learning curve. We will ask Bob to send out notifications as new features are rolled out. Feel free to reach out to any one of the board members if you have any questions or suggestions.

I'm looking forward to another year of fun club events and I'm excited to see you again or meet you at a future event if we haven't already met. Have a great rest of 2023, and don't forget to ring in the new year with us at our east coast New Year's Eve party at the Bonaire clubhouse.

Regards, Grace



SEAGATE YACHT CLUB SETS SAIL FOR HUNTINGTON HARBOR'S HOLIDAY BOAT PARADE

by Rear Commodore Chris Johnson Pasqua

The club is gearing up to participate in this year's Huntington Harbor's Holiday Boat Parade scheduled for December 9th and 10th, with the theme "*Power of Music*". The club's dedicated volunteers have been working hard to design and construct stunning decorations for our entry. A

special thanks goes to Robin Clark and the Clark family for lending their boat, the "Fin-Tastic," to the club for this festive occasion. Inspired by the theme, the team has incorporated various elements into the design. From a *giant angel* to a *large harp*, the





decorations promise to captivate the audience and evoke a sense of joy and celebration.

This year's entry has involved two planning meetings and five construction meetings, with installation on December 2nd. A special thanks to all the volunteers, Terry & Susanne Grout, Pat Jenkes, Jay Bottomley, Melinda Johnson-Pasqua,

Jack & Diane Wiegand, Michael & Doris Dix, Brian & Aubree Fuentes, Craig & Kristi Whitacre, Robert McCormick, Grace Toy, Candice Yarbrough, Margee Lennar d, Dave & Michele Murray, Debbie Miller, Vance & Tiffany Vlasek, Robin Erickson, Kevin Rew, Kirk Zimmerman, and Laura Roskelly.



I am proud to be a member of this



club, known for its passion for boating and community involvement. This festive event serves as a reminder of the power of community spirit, and the joy that can be found in coming together to celebrate the Holiday season.

VACCINE UPDATES

by Fleet Surgeon, Staff Commodore

Dr. Mark Monroe



Q: For 2023, there are new vaccines for Flu, Covid 19, and RSV. What are the possible side effects and is it OK to take them at the same time?

A: As of October 1, 2023 CDC Guidelines, three new vaccines became available: 1) Influenzae A+B vaccine, 2) Covid 19 vaccine including the current prevalent strain XBB1.5 and 3) Respiratory Syncytial Virus vaccine (RSV)

Fall is when the children are going back to school bringing home these viruses to spread to others and each other. The ages for Flu and Covid 19 vaccines are 6 months and older. For RSV vaccines, if the age is less than 8 months, it is a monoclonal antibody called Beyfortus but for ages >60, it is called Arexvy and Abrysvo. It is also indicated for women who are pregnant at 32-36 weeks of pregnancy. Having the RSV vaccine during pregnancy helps to protect the infant against RSV for the first 6 months of life.

The contraindications for the vaccines are if you are allergic or have had a rare neurological disorder called Guillian Barre Ascending Neuritis. The flu vaccine is incubated in chicken eggs, so it is contraindicated if you have allergy to eggs but not chickens.

The highest benefit of RSV vaccine is to those 65 years or older, compromised immune system, pregnant, or have underlying COPD or asthma lung conditions. People with heart disease, blood disorders, diabetes, obesity, kidney / liver / metabolic disorders, or previous strokes are more likely to have serious complications of all the above viral diseases even hospitalizations or death.

Side effects of these vaccines can include injection site reactions, rash, muscle aches, low grade fever, and fatigue that can last up to 36 hours which can be alleviated by ibuprofen / Naprosyn / acetaminophen as needed. A rare neurological disorder like Guillian Barre have also been reported.

Although the FDA states the 3 vaccines can be given at the same time, I recommend allowing 2 weeks before or after other vaccines for the RSV vaccine.



SHIP STORE NEWS

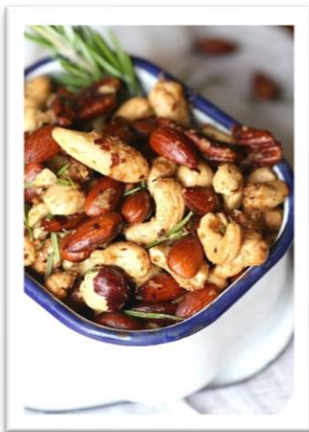
by Margee Lennard

Our Holiday Boutique was a *great success*, and I want to thank all who joined us to celebrate the upcoming holidays with some new SGYC swag! As we close the year for the Ship Store I want to thank everyone who supported us this year.

Please let me know what you liked about our selection, as several new items have become available over the year. If you have any suggestions for what you might like to see added to the Ship Store in 2024, please let me know. I am totally open to suggestions.

Wishing you all a blessed, safe holiday season...

Margee Lennard



(Note: for all of you raving about the Nut Bar, Margee has graciously shared where she found the recipe: [Union Square Cafe Bar Nuts Copycat Recipe](#) | [Easy Spiced Nuts Recipe \(cookiesandcups.com\)](#))



Past & Current Events

Catalina Island Fishing Contest

Wait, there was a fishing contest? Yes, during the summer Cruise to Catalina, and yes, in Seagate years, that was a long time ago, but since our October report on that event, photos have come to light we thing you should see, including this little gem:



Exactly who caught who is unclear, so we'll let you be the judge. Here's a few other photos to highlight that event:



Pirate Themed Dock Party by Sue Westover Giali

Argh, Mateys! On Saturday, October 14, 67 members and guests of the SeaGate Yacht Club donned their pirate costumes and enjoyed four hours of friendship, camaraderie, and delicious appetizers and libations, including one awesome knockout Pirate's Punch. We gathered on the

Bimini dock with some easy-up installations to provide a little shade. Thanks to Floyd and Mira D'Angelo for arranging dock slips and spaces and reconstructing the SGYC entry pergola. Port captains Kirk Zimmerman and Kevin Rew did a great job hauling the portable bar setup and got to show off their muscles with all that heavy lifting, with those nicely revealing sleeveless pirate shirts. Hosts Sue Westover and Dale Giali provided some festive pirate decor to enhance the scene. Everyone had a great time, and this will certainly remain an annual tradition.





Future Events SAVE THE DATE, the SGYC New Years Eve Party will be on December 31 this year, and your Board has been working hard to make it a wonderful event! Watch your inbox for more information coming soon.

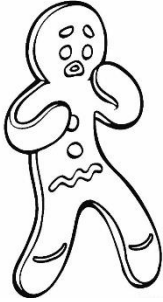


Presents

Denim & Diamonds New Year's Eve Party

PLACE: Bonaire Clubhouse
DATE: December 31, 2023
TIME: 6:00 p.m. - 10:00 p.m.

Christmas Crafting



Love baking, but tired of the same old Gingerbread projects? Try getting Nautical, and whipping up a Genberbread Lighthouse like one of these?

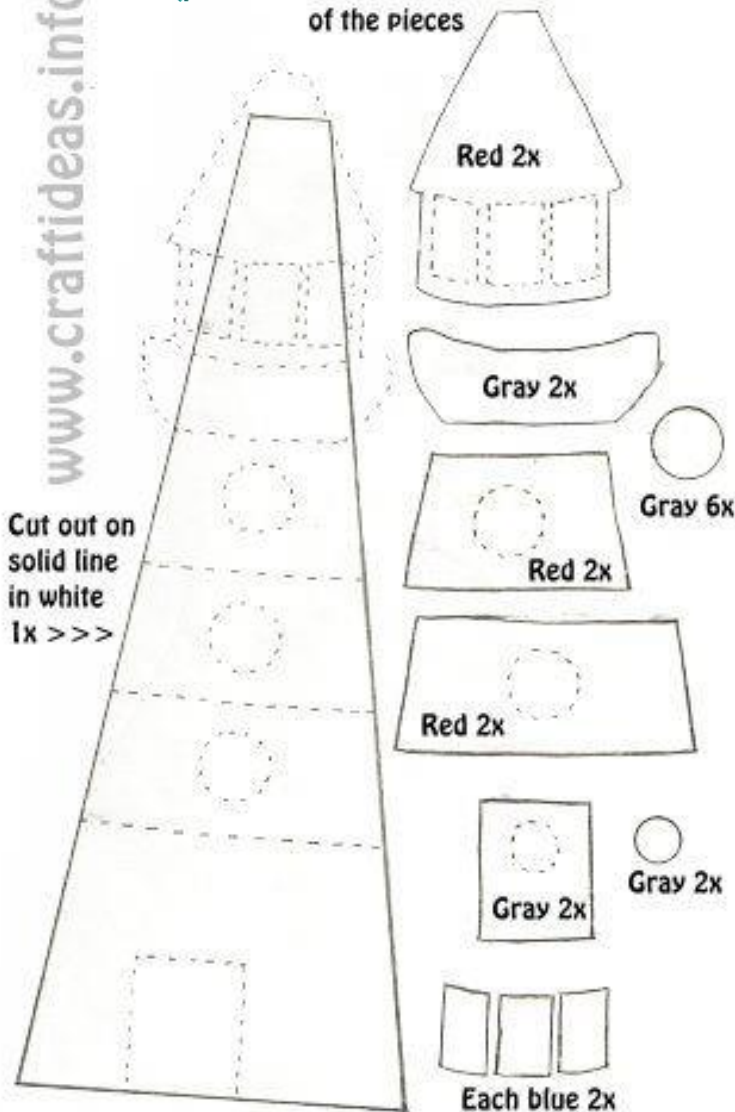
Can you do it? Of course you can, and

here's a handy template from CraftIdeas.info to help get you started, along with a recipe for Easy Simple Gingerbread:



www.craftideas.info

Dotted lines show placement of the pieces



Easy Simple Gingerbread

- 8 oz butter
- 8 oz brown sugar
- 4 oz molasses
- 1 tsp baking soda
- 8 oz flour

Icing sugar, frosting, candies

Melt the butter, sugar and molasses together. Mix the dry ingredients together, then combine with the syrup mixture. Chill the dough until firm.

Shape the dough into pieces $\frac{1}{4}$ inch thick, then chill for 1 hour.

Bake at 350 for 10-12 minutes, then you're ready to pull your construction permit and get to work!



Members Making Waves



December Birthdays

Dean Knupp 12/1 Brian Weiner 12/1 Scott Fridley 12/5
Craig Whitacre 12/5 Robert Gallucci 12/5 Bea Swanson 12/5
Mona Jones 12/7 John Ulrich 12/7 Ines Ayala 12/8 Rick Bigum 12/8
Sharon Smith 12/11 Pam Jackson 12/11 Dennis Kreil 12/12 Lucille Mascoli 12/13
Melinda Johnson-Pasqua 12/13 Georgette Davis 12/16 Ruth Ormsby 12/17
Terry Grout 12/19 Angie Umbarger 12/19 Jay Bottomley 12/20 Nancy Knupp 12/21
John Ochs 12/21 Nat Pendleton 12/23 Doria Merical 12/23
Rosalinda Khan 12/23 Jan Nagele 12/24 Jesus 12/25 Melissa Jones 12/27

January Birthdays

Abraham Khan 1 / 2 Chris Morris 1 / 2 Margee Lennard 1 / 5
Rick Thomas 1 / 8 Rho Chao 1 / 9 Cliff Meier 1 / 10 Elissa Warantz 1 / 11
Brian Fuentes 1 / 13 Joanne McCormick 1 / 14 Charlie Rowlette 1 / 14
Jim Wood 1 / 18 Faro Adami 1 / 21 Jeff Carter 1 / 22 Diane Reeve 1 / 26
Cindy Shaw 1 / 29 Eugene Mascoli 1 / 29 Alan Olschwang 1 / 30 Jim Haggin 1 / 31

December Anniversaries

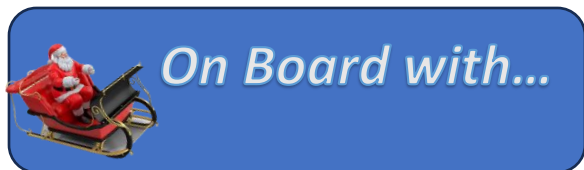


Eli & Karen Dafesh 12/1 John & Margaret Humphreys 12/6
Dave & Michele Murray 12/28 William & Pam Oneida 12/28
Rick Pope & Laura Roskelly 12/28 Bruce & Kathy Bayless 12/29



January

Chris & Melinda Johnson-Pasqua 1 / 2 Patick & Cindy Surridge 1 / 8
Jack & Diane Wiegand 1/16 Gary & Barbara Pazornik 1/21
Tom & Debbie Wood 1/24 Charlie & Helene Rowlette 1/28



Santa



SGYC: Santa, we wouldn't normally bother you during your hectic season, but we've heard some rumors that you're considering joining a yacht club. Can you tell us a bit about that?

Santa: Ho ho ho! Good evening! Yes, it's true. After all these years of delivering presents and spreading joy, I thought it was time to treat myself to a new adventure. After seeing you in

Harbour Light magazine and reading a few of your Burgees, I knew Seagate Yacht Club was the way to go.

SGYC: Awesome, Santa! With your festive spirit and generous nature, you'll fit right in! You're aware, of course, that SGYC is predominantly for residents of the Seagate Community, and that there's a waiting list for people seeking one of the non-resident memberships?

Santa: Yes, but, after all those years, all those presents....

SGYC: And of course, we'd like you to consider assuming the position of Rear Commodore, and the decorating committee needs help, and event hosts are always in short supply, and..... Santa?



**SeaGate Yacht Club
2024 Event Calendar**



DATE	EVENT	Location	EVENT HOST(S)
1/12/2023	New Member Open House & Membership Renewal Drive	Bonaire Clubhouse	Board
2/4/2023	Event Host Brunch	Bonaire Clubhouse	Board
2/18/2023	LBYC Brunch	LBYC	???
3/9/2023	Wine Tasting Event	TBD	Kristi Whitacre / Robin Erikson
March 15 – March 17	Land Cruise (Temecula or Coachella Valley)	Temecula or Coachella Valley	???
4/4/2023	BCYC Prime Rib Dinner (40 Max.)	BCYC	Cleve Sproule / Mark Arizmendi
4/13/2023	Opening Day	Bonaire Clubhouse	Tiffany Tokar-Vlasek / Board
5/6/2023	Crawfish or Shrimp Boil	Windspun Dock	Lisa Ratkelis / Deborah Wainer
May/June	Mexican Fiesta Cruise	TBD	Sue Westover-Giali
6/8/2023	Night at the Races or Windspun Regatta	TBD	Chris & Mel Johnson-Pasqua
June – September	Tuesday Cruising	Huntington Harbour	Michele Murray
7/13/2023	Duffy Poker Run	Huntington Harbour	Michele Murray
8/17/2023	Summer Event & Car Show	Bonaire Clubhouse	???
9/5/2023	2 nd Prime Rib Dinner (40 Max.)	BCYC	Cleve Sproule / Mark Arizmendi
9/28/2023	Dancing to the Decades	Bonaire Clubhouse	Margee Lennard
10/8/2023	Board Meeting & Annual Meeting	Bonaire Clubhouse	Board
October	Dock Party	Bimini Dock	Sue Westover-Giali
11/1/2023	Dia de los Muertos Party	Bonaire Clubhouse	Melinda Johnson-Pasqua / Grace Toy
11/16/2023	Commodore's Ball	TBD	Grace Toy
12/7/2023	Ship's Store Holiday Boutique	Bonaire Clubhouse	Margee Lennard
December 14 – 15	Huntington Harbour Boat Parade	Huntington Harbour	Rear Commodore / Membership
12/31/2023	New Year's Eve Party	Bonaire Clubhouse	Chris Johnson-Pasqua

Some Dates subject to Change

And that's a Wrap!



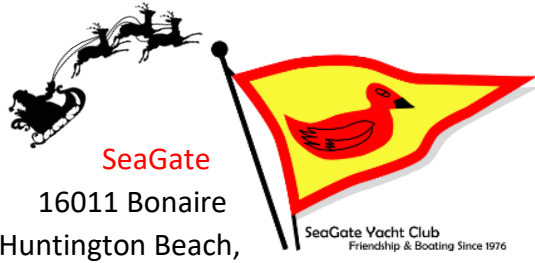
We are grateful to all who contributed to this issue.

To see all event pictures, go to

<http://sgyc2021files.seagateyachtclub.com/>.

View past Burgees here:

<http://www.seagateyachtclub.com/HTML%20Files/Burgees%20Past.html>.



A member of the Southern California Yachting Association

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(Published Bi-Monthly)

Yacht Club

Circle

CA 92649

(714) 351-9959

<http://seagateyachtclub.com/>

SeaGate Yacht Club

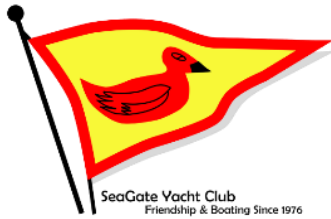
Your 2023 Elected Officers:

Commodore: Tiffany Tokar-Vlasek,
Vice Commodore: Grace Toy
Rear Commodore: Chris Johnson-Pasqua
Jr. Staff Commodore: Melinda Johnson-Pasqua
Treasurer Laura Roskelly
Secretary: Marilyn Schwartz
Assistant Secretary: Michele Murray

2023 Appointed Officers:

Membership: Craig & Kristi Whitacre
Port/House Captains: Kirk Zimmerman & Kevin Rew
Communications: Michael Dix
Fleet Surgeon: Dr. Mark Monroe (Staff Commodore)
Webmaster: Austin Dix
Judge Advocates: Dale Giali (Staff Commodore) & Susan Westover-Giali
Roster: Robin Erickson

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