

The BURGEE

June 2023

Published Bi-Monthly



Summer's Coming!

Tiffany Tokar-Vlasek, Commodore

Hello SeaGate Yacht Clubbers! Summer is almost here despite the grey skies outside right now. Most of your Board and a total of 30 members, are recovering from our fabulous Commodore's Cruise (May 19-22) and what fun we had! Our Judge Advocate Sue Westover-Giali will tell you all about it below, but I want to give her and Staff Commodore (and also Judge Advocate) Dale Giali full credit for making it such a success. They call it the Commodore's Cruise, but without their expertise in planning, briefing, execution, decorating and cheer leading, we'd all still be standing on the dock wondering where to go next! Sue and Dale, thank you so much for your hard work and enthusiasm as we brought back this fan favorite event after the Covid pause. I hope that we continue this event in years to come.



We have a full calendar of events still to come, and your Board is working hard on your behalf. Next up is another fan favorite of many years.... our Night at the Races, hosted by Staff Commodore Francis Okino and Aurelia Okino. This one sells out quickly, so reserve your spot via PayPal or a check to the Okino's right away. We have also added a Summer Happy Hour on Friday, June 23 at 6pm. Please bring an app to share and \$10 for the all you can drink bar!

Lastly, we are gearing up for our Tuesday Cruisin' to start again on June 13. Tuesday Cruisin' is the 2nd and 4th Tuesday of every month in June through September. We pile as many members as possible into Duffy's and head over to Pelican Isle for dinner and drinks. For many years this tradition has been hosted by Staff Commodore Mike Courtway and Sharon Courtway. This year they are no longer able to do so, and on behalf of the entire Board and membership, we very gratefully thank them for their many years of service in this capacity. In their absence we ask you to welcome Michele Murray, who has graciously volunteered to lead our fun-flotilla during the months ahead.

The summer travel season is also upon us. Commo-dude Vance Vlasek and I will be flying a lot, and we anticipate a very busy flying schedule. We also are hearing this will be the busiest summer travel season since the pandemic. Pack your patience in your suitcase if you plan to travel this summer! Vance and I will look for you all not only on the water, but on the airways too!



Chris Johnson-Pasqua, Rear Commodore

The heart and soul of SeaGate Yacht Club are its members. The diverse life and work experiences of our participants never ceases to amaze me. At the next event that you attend, I would encourage you to introduce yourself to members you don't know. I have made a number of "new" friends even though I have seen them at events for years.



In business, the 80/20 rule, or the Pareto Principle, is a statistical model used to determine factors that affect success and improvement. Some of you may be familiar with the popular over-simplification of the 80/20 rule: “80% of the work is done by just



20% of the workers.” SeaGate Yacht Club’s success depends on all of the members being involved, not 20%. The club continually strives to improve on this rule by asking members which events interest them and which events they would like to host. Whether you are a new member or can no longer count on both hands the number of Opening Day ceremonies you have attended, helping plan events, or setting up and taking down an event are all great opportunities to meet other members and have fun. At SeaGate Yacht Club we try to have something for everyone. If you would like to get more involved ask a member of the board.

PRIME RIB (AND MORE!)

by Event Hosts S/C Cleve Sproule
and Mark Arizmendi

On April 6, members of Seagate Yacht Club enjoyed an evening of dining and camaraderie at “Prime Rib Night” on the water in Corona del Mar at Bahia Corinthian Yacht Club. Guests enjoyed



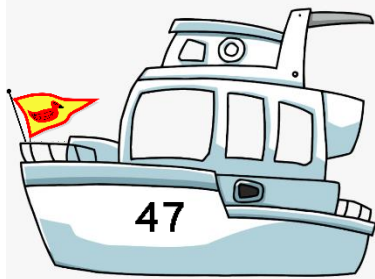
an array of culinary choices, (beyond the traditional prime rib and Yorkshire pudding), including many types of salads, several vegetable choices and assorted chicken and salmon selections. For many, dinner was topped off by unlimited, assorted desserts.

The popularity of this event can only be measured by the response to the flyer e-mailed to members. With limited seating, the capacity was reached in less than a week, and a wait list was created. All were welcomed, however, thanks to the Seagate Yacht Club’s officers and their spouses or significant others forfeiting their reservations to allow all wait list members to join the group.

Watch for announcements of SGYC sponsoring this popular event again in the future!



Many Thanks to Cleve and Mark ~ Our Prime Rib event was certainly Well Done.



OPENING DAY

By Jr Staff Commodore Melinda Johnson-Pasqua

The 47th Opening Day was a tribute to our stellar Commodore, Tiffany Tokar-Vlasek, our hard working Board, and our always supportive Staff Commodores.



The sunny day started with the parade of the fleet led by the Orange County Sheriff. Thank you to all of our generous boat captains: Floyd and Mira D'Angelo, Elliot and Debra Wainer, John Ochs and Joyce Zimmerman, Clem Aime,

Brian and Aubree Fuentes, SC Dr Mark and Lina Monroe, Kevin and Candy Cloud, Ron and



Lisa Ratkelis, Pat and Vaughn Jenkes.



Opening Day is celebrated across the country, and is steeped in history and tradition. SeaGate Yacht Club honored many of these



traditions with flag raising, eight bells to remember those that have

passed this year (did anyone notice that our bell broke – thanks,



S/C Melinda
sworn into
Order of the
Blue Gavel



Commodore
Tiffany saluting
her veteran
father



Dale, for ringing on
without a hitch),
cannon fire (and
yes, our cannon
was persnickety
but Dave made it
military medley
have served in the



work), the very important
and salute to honor those that
the armed forces (thanks, Vance,
for the successful audio set-up).



Honorary Commodore Bob McCormick gave the invocation, and accepted the Three Cheers and a High Five Award on Joanne's behalf. And Joyce Zimmerman sang the National Anthem (thank you, Joyce!).

The serious ceremony, the heartfelt speech by Tiffany, and the raising of the club burgee to officially open the boating season was followed by a festive celebration that included delicious food, lots of drinks, and great conversation and fellowship among members.

Three Cheers (and a High Five!)

Three Cheers and a High Five is an award given to members who have served well above the call of duty, and is sparingly extended by Seagate Yacht Club. In fact, only on three prior occasions have individuals been so honored by the club, but on opening day 2023 we were delighted to see the name Joanne McCormick engraved on the plaque. Congratulations, Joanne!



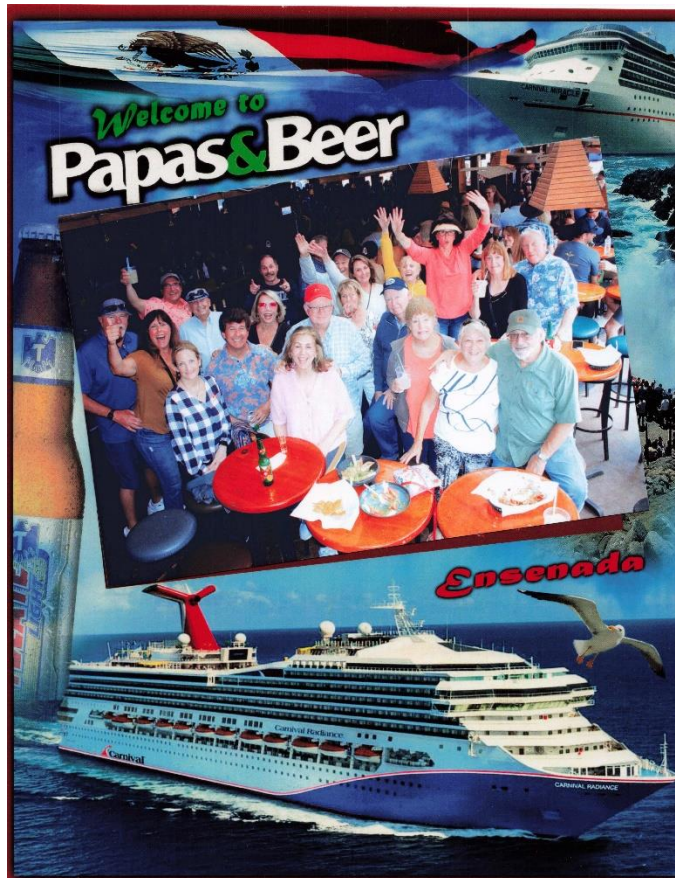
COMMODORE'S CRUISE

By Judge Advocate Sue Westover-Giali

The third weekend in May featured the Commodore's Cruise to Ensenada hosted by Commodore Tiffany Tokar Vlasek and Judge Advocate Sue Westover-Giali. 30 SGYC attendees boarded the newly renovated Carnival Radiance on May 19 for a 3-night cruise. Our stateroom



doorways were decorated in festive decor, including our burgee flag. We had a sail away happy hour in several of our balcony suite staterooms and enjoyed wine and champagne as the ship



left the port of Long Beach. We enjoyed a wonderful group dinner on Friday night, and afterwards members enjoyed the entertainment and activities throughout the ship. On Saturday, a "sea day," we continued to enjoy the unlimited food selections and fun activities all over the ship. It wasn't exactly suntanning weather, but we found lots to keep us busy. The casino was bustling all weekend, but none of us lost our shirts. Saturday was "formal night" and prior to our group dinner, we posed for a terrific group photo before the fanciest meal of the weekend. On Sunday, we had a leisurely morning before heading into town in the port of Ensenada, where we learned why the younger generation borrows a line from Las Vegas, because what happens at Papas & Beer in Ensenada definitely stays in Ensenada. The frivolity truly must be seen to be believed! We definitely want to

make this cruise an annual tradition, because it was a weekend long party and you know us -- we all love to party!

NOROVIRUS OUTBREAK IN SOUTHERN CALIFORNIA

by Mark N. Monroe, M.D.



Q: At the end of January, 630 passengers and 54 crew got sick on the Explorer of the Seas ship. The Norovirus Outbreak was attributed to this medical disaster. Would you please tell me what it is, its symptoms, and treatment/prevention?

A: In a previous article, I wrote about the Norwalk Virus whose name has now been shortened to Norovirus. Although it first started in Sydney, Australia, it spread quickly through cruise ships and vacation resort hotels. Now, those vacationers are bringing it back home to Southern California as well as the infected crews passing it on to other cruise ships around the world. The virus is highly contagious with as little as 20 viral particles sufficient to spread it. Each episode of diarrhea or vomiting can put out millions of these viral particles. Prevention is best by the crew washing hands frequently especially after going to the restroom or before preparing/eating food, disinfecting bathrooms with bleach using latex gloves, masks, and goggles and letting it thoroughly dry for 24 hours before usage by uninfected people.



Most symptoms are mild and self-limiting such as vomiting and diarrhea, so Norovirus is underreported. However, the

immunocompromised patients such as the very young or old, smokers, insomniacs, malnourished (i.e., dieting, not taking vitamins), fighting other infections such as the common cold, or on prednisone or other immunocompromising treatments (i.e., Rheumatoid Arthritis, Lupus, COPD, etc.) are more prone to getting dehydration requiring inpatient intravenous fluids and supportive care. Outpatient care includes:

1. Oral hydration (i.e., Gatorade, Pedialyte, and/or chicken rice soup) 64-128 oz/day
2. BRAT diet for diarrhea (Bananas, Rice, Applesauce, and Toast)
3. Antiemetic to stop the nausea and vomiting (i.e., compazine, meclizine, ondansetron oral disintegrating tablets)
4. Antispasmodics to stop the diarrhea and painful abdominal cramps (i.e., Imodium A/D, Lomotil)
5. Plenty of bed rest with a restroom nearby
6. Close follow up by your family physician



On Board with...

Chris Epting

Author, Producer, Historian

Chris, we know you're an enthusiastic Huntington Beach historian, a passionate music and baseball fan, producer of the video series Hidden Huntington Beach and It Happened Here, and author of over 40 books. What can you tell us about Huntington Harbour?



"Huntington Harbour is a man-made harbor located in the city of Huntington Beach. The Harbour was developed during the mid-1960's, and the total cost of construction was approximately \$200 million. The area was formerly referred to as the Sunset Bay Estuary. The area was dredged to create five man-made islands, which were then connected by a network of waterways."

\$200 million? I think SGYC spent more than that on party decorations last year! And Sunset Bay Estuary? Who knew! Thank you, Chris, for weighing in with us this month. We'd love to hear from you again, or even have you speak at one of our events if your schedule allows.

ALGAE BLOOM

That's Algae Bloom, not Al G. Blume – that was your lab partner in High School Chem! No, this Big Al is thriving right outside your door, looking for all the world like a putting green



where your canal should be. Actually, putting green is too generous a term for the hideous green fungus currently littering our backyard waterways, but before you grab your weedwhacker and try to take it out, let's get to know it a little better.

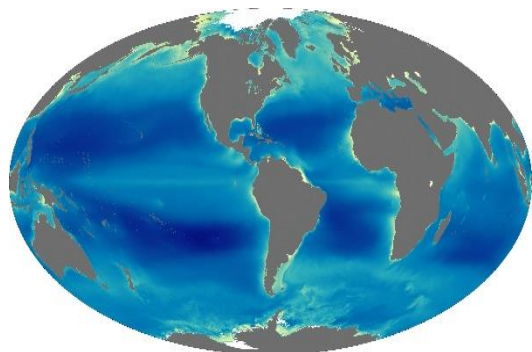
According to the California Department of Water Resources (water.ca.gov), we seem to be dealing with blue-green algae, a natural part of the ecosystem, that has become climactically hyperactive recently. Is it harmful? We're told there is no sure way to tell if an algal bloom is toxic just by looking at it, but there are indicators that a bloom may be harmful:

What are signs of Harmful Algal Blooms (HABs)?

- Small blue-green, green, white, or brown particles in the water
- Streaks in the water that look like spilled paint
- Mats, scum, or foam at the surface or along the shoreline
- Can have an odor described as gasoline, septic, or fishy

Know this – there is hope. Many of you have tried pushing it out of your slips into the fairway, only to see it return, others have dipped out buckets of the heavy stuff and trotted it to the trash, and still others have tried drying it dockside before hauling it to the dumpsters, but all indications are that it will disappear on its own, either carried by tides, or by aging out and sinking, where certain of our bottom-dwellers consider it a delicacy. Let's just be patient, and grateful that it's not smelly!

Trivial Pursuit



Which of the following statements is false:

- a) Our sister city in Australia hosts the Hurley Open surfing competition.
- b) A Canadian woman who never surfed founded the Surf Museum in downtown HB.
- c) A 1,300-pound Mako shark was caught right off the coast of HB.
- d) HB is the host city for the National Paintball League's paintball championship.

(answer at the end of the burgee)

New Member News

Dave Colebank and Miki Singer

We were introduced by Miki's friend Barbie McMahan to SGYC. As well, we know a few members from chatting during our morning exercise around the island. We became members in January of this year, 2023.

Previous to Trinidad years, but for the last 5 years in HH. We were finally able to we did, we enjoy the aquatic We are so grateful to live in

My wife Miki is a agent/broker for over 20 dedication is without

philanthropic activity, and is an asset to Soka University and the Gala committee.

For the last almost 13 years now, I have been a regional sales mgr. for a lead acid battery OEM out of Ohio. I've been in the industry for over 30 years though. I cover and have distributors in the 13 western states and do a bit of travel to manage and grow the business.

Miki and I enjoy traveling, boating, pickle ball, good restaurants, and time with family. We had a great time at the new member brunch at LBYC. We met a lot of nice new folks, and we look forward to attending other events as schedules permit.



Island we lived in Seacliff for many or so, we have had an interest in living make it happen in 2020, and are glad lifestyle and friendly neighborhood. HH now.

realtor, and has been a top performing years, she loves her career and her question. She is also dedicated to her

More New Member News

Jon & Jetty Boulware

Jon & Jetty purchased in Seagate in September of 2020 right in the middle of the pandemic. Although their primary home is in La Verne they manage to get down to Huntington Beach on the weekends. They were introduced to the club by Ron & Lisa Ratkelis when they invited them to Opening Day in 2021. With a name like Jetty how could they not join right away?

Jon spent 34 years with Allstate Insurance and sold the Agency March 1st, 2020 so that none of you have to be terrified that he will talk insurance with you at any club events. He enjoys running, basketball, going to the gym and playing pickle ball. As a former collegiate tennis player, he jokes that pickle ball is where old tennis players go to die...

Jetty speaks fluent Spanish, and is currently a Court Interpreter at the San Bernardino County Courts in Rancho Cucamonga. Her family is from Costa Rica, and she spent 22 years there herself in the small town of Palmares where she was a school teacher. She gets up early nearly every morning and drags herself to pilates before work.

Jon & Jetty enjoy going to church, rooting for the Dodgers and Red Sox, walking Trinidad Island, and taking Duffy rides whenever possible in the harbor. They have 2 boys and 2 girls, ages 23 to 33 and enjoy their family time with them.

Seagate and the SGYC have been a huge blessing to them and they look forward to meeting more of you at club events.



Still More New Member News

Steve and Roxanne Grey

Hi everyone! We're excited to be part of the club. We moved Huntington Beach just nine months ago from Glendora California. Steve and I still keep busy with our careers. Steve has been in the inflatable manufacturing business for 30 years. I am a real estate agent and also run our amusement rental business. We don't have a lot of free time. But when we are free, we love to travel, go boating, winetasting, spend time with friends and family. I guess you could say our biggest passion is our pet family. We have one small dog, two cats, and a bunny rabbit! Life keeps us pretty busy, but we are excited for some new adventures with the club and the members. Our favorite event so far was the Halloween party at our commodore's home. Looking forward to meeting you all!



Future Events

Date	Event	Location	Hosted By
June 10	Night at the Races	Los Alamitos	SC Francis Okino Aurelia Okino
June 23	Happy Hour	Clubhouse	Board
July 30	HHYC Duffy Brunch	HHYC	SC Josef Davydovits Felicia Emad
August 19	Summer Luv'n	Clubhouse	Michelle & Dave Murray /Kevin Rew & Kirk Zimmerman
Sept 8-10	Catalina Weekend	26 Miles West	SC John Humphreys
Oct 3	Annual Meeting	Clubhouse	Board
Oct 14	Dock Party	Seagate Docks	Judge Advocate Sue Giali
Nov 11	Commodore's Ball	BCYC	Comm Tiffany Tokar-Vlasek
Dec 2	Ship's Store Holiday	Clubhouse Boutique	Margee Lennard
Dec 9-10	Holiday Boat Parade	Seagate Docks	RC Chris Johnson-Pasqua Board
Dec 31	New Year's Eve Party	Clubhouse	VC Grace Toy

- *Just a brief note to explain the **change of the date for the Duffy Brunch**, now being held on July 30. Due to circumstances outside of our control, we have to move our Duffy Brunch. We are also being limited to only 30 attendees, per HHYC's request. We are very sorry for the change and limitation. Please look for the flyer soon to come via email.*

ALSO:

Tuesday Cruisin' is a standing series of summer events, Where members boat or drive to Peter's Landing for a no-host meal and time together.

This year our new host Michele will be taking us to the following restaurants:

Pelican Isle / Golden Road Brewery / Beale's Texas BBQ

Tuesday Cruisin' takes place on

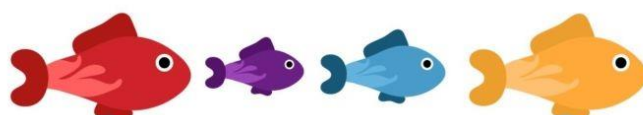
2nd and 4th Tuesdays,

June through September.

To RSVP or Duffy-pool, Contact:

Michele Murray

IMMMC@sbcglobal.net or 714-497-6455



Members Making Waves



Birthdays

June

Mark Monroe 6/1 Susanne Grout 6/3 Gene Rolle 6/3
Ronald Jagner 6/5 Barbie McMahan 6/8 Josef Davydovits 6/10
Lyle Theile 6/15 John Bolan 6/16 Bob Dultz 6/17
William Greene 6/24 Dave Colebank 6/26 Vaughn Jenkes 6/27

July

Michael Dix 7/2 Pat Surridge 7/2 Susan Westover Giali 7/3
Sami Mekhemar 7/6 John Boryszewski 7/10 David Swanson 7/15
Kelly Mullan 7/16 Aurelia Okino 7/16 Mark Jones 7/17 Susan Lipman 7/17
Kay Nelson 7/17 Paul Herold 7/19 Diane Wiegand 7/24 Jeanne Woods 7/24
Rick Pope 7/26 Barbara Wright 7/26 Linda Axel 7/27 Suzanne Richmond 7/28
Merle McCormick 7/28 Cleve Sproule 7/28 Pat Jenkes 7/28 Barbara Olschwang 7/31



ANNIVERSARIES



Rho & Ping Chao 6/6
Mark & Lina Monroe 6/7
Thomas King & Ruth Ormsby 6/12
Jon & Jetty Bouleware 6/13
Eugene & Lucille Mascoli 6/15
Jerry & Linda Cassidy 6/17
Bob & Linda Axle 6/20
Truc Bui & Angela Wong 6/22
Ron & Lisa Ratkelis 6/25 Larry & Marilyn Schwartz 7/3 Ed & Georgette Davis 7/4
Dean & Nancy Knupp 7/19 Richard & Judie Kappes 7/21 Brian & Aubree Fuentes 7/22
Lyle & Linda Theile 7/25 Mike & Sharon Courtway 7/29

NOTE:

We try to keep names and dates as accurate as possible.
If you notice an error, please contact our Membership Coordinators,
Craig and Kristi Whittacre!

Submarine Sighting!!

This edition of Great Shots showcases an incredible catch by member Doris Dix, who happened to sight a *submarine* in the sling at Sunset Aquatic shipyards here in our harbor.

It was later learned, by talking to shipyard manager Jon Greer, that the sub was the Sea Wolf, and is part of Catalina's glass-bottomed boat fleet. Jon and his team have been keeping Catalina's flotilla of submarines and glass-bottomed boats in good working order for years, and says they're good people and a good customer. Thanks for weighing in, Jon!



**Have a Great Harbor / Sunset / Seagate photo?
Please share it! Contact any of the people below,
and maybe you'll see it here in the next issue!**

DID YOU KNOW?

You don't have to be a board member to suggest, host or assist at an event!
Have an idea you think the members would enjoy?
Contact any board member with your suggestions!

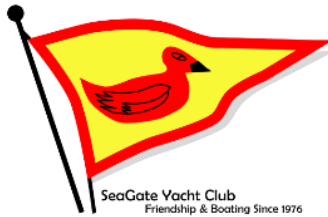
Many Thanks to all who contributed to this issue.

Trivial Pursuit: according to <https://www.movoto.com/guide/huntington-beach-ca/huntington-beach-facts/>, all statements are true.

To see all event pictures, visit the website at SeagateYachtClub.com

View past Burgees here:

<http://www.seagateyachtclub.com/HTML%20Files/Burgees%20Past.html>.



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(Published Bi-Monthly)

SeaGate Yacht Club

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Huntington Beach, CA 92649

(714) 351-9959

<http://seagateyachtclub.com/>



A member of the Southern California Yachting Association

SeaGate Yacht Club

Your 2023 Elected Officers:

Commodore: Tiffany Tokar-Vlasek,

Vice Commodore: Grace Toy

Rear Commodore: Chris Johnson-Pasqua

Jr. Staff Commodore: Melinda Johnson-Pasqua

Treasurer Laura Roskelly

Secretary: Marilyn Schwartz

Assistant Secretary: Michele Murray

2023 Appointed Officers:

Membership: Craig & Kristi Whitacre

Port/House Captains: Kirk Zimmerman & Kevin Rew

Communications: Michael Dix

Fleet Surgeon: Dr. Mark Monroe (Staff Commodore)

Webmaster: Austin Dix

Judge Advocates: Dale Giali (Staff Commodore) & Susan Westover-Giali

Roster: Robin Erickson