

The BURGEE

October 2024
Published Bi-Monthly



IN THIS ISSUE:

Officers' Statements
Past & Upcoming Events
Member News / On Board With...
Rally in the Galley / Medical News
Mr. Tech Tips / Talkin' Nauti
Trivial Pursuit / Great Shots Photos
Ship Store news and Much MORE!



Grace Toy, Commodore



Chris Johnson-Pasqua,
Vice Commodore



Tricia Pratto,
Rear Commodore

From the Helm



Earlier this month I had the opportunity to attend a Yachting Club Protocols seminar sponsored by the International Order of the Blue Gavel (IOBG) district 10. It was well

attended and covered everything from dressing the yacht to the 8 bells ceremony. I will be sharing some of these Yachting Club Protocols with you in future Burgee articles.

For all you sailors in the group. The Summer Olympics 2028 are coming, and over the next three years, the yachting community will be gearing up. Several of our reciprocal Yacht Clubs have been fortunate to have been asked to participate in the racing events, and they are looking for volunteers. More than 65 countries will soon be descending on Long Beach with over 250 boats and 320 sailors. On Oct. 13, at Bahia Corinthian Yacht Club, there will be a presentation by Mike Van Dyke, US Sailing board member, regarding all things sailing for the 2028 Olympics. Please let me know if you would like to attend the presentation.

Finally, it takes all of us to have a fun-filled, enjoyable club, where all members come together for good food, great conversation and friendship. To keep the club viable, we need people to step into leadership roles so we can continue our great SeaGate Yacht Club family. The club is looking for a Rear Commodore, House Chair, and Membership Chair for the 2025 board.

*"If the highest aim of a captain were to preserve the ship,
he would keep it in the port forever."*

- Thomas Aquinas

Please step up and help continue the SeaGate Yacht Club tradition.

Chris Johnson-Pasqua, Vice Commodore



I think I'm over the half-way mark! Yea ME!! When I started this journey, I had no idea this "little yacht club" was so vibrant, fun and caring.... like a "family". It has been a pleasure to meet so many of you and getting to know the SGYC family. Sometimes it feels like I've been shot out of a cannon (and look it), but that's OK because so many of you are always there to help and support me. A BIG THANK YOU!

Now, on to my next duties as Rear Commodore. Don't look, but the Holidays are around the corner and you all know what that means. Planning and decorating the Fin-Tastik for 2024! The theme is "Yacht Rockin' the Holidays", and it goes without saying, a big THANK YOU to Robin Clark for his kind generosity.

See you at the next party / event, and Cheers!

Tricia Pratto, Rear Commodore



PRIME RIB NIGHT

On September 5, the club held it's 2nd and final Prime Rib Night for the year at the Bahia Corinthian Yacht Club. You would have heard more about it, but everyone's still busy chewing. To see the photos, head to SeagateYachtClub.com. Much thanks to organizers Cleve Sproule and Mark Arizmendi



"TIKI TIME" SUMMER FESTIVAL

What a blast we had at our Summer Tiki Time Event and Car Show on August 17th hosted by Joyce Zimmerman. 93 members and guests were in attendance sipping on the pina colada welcome drink and danced to the beat of the tunes by our rockin favorite DJ Emeliano. As we arrived, we were greeted by spectacular classic and special edition cars. After everyone finished oohing and aahing over these



beauties, they got to vote for their favorite. We had two winners who went home with a Meguiar's shine kit of fabulous products and a bottle of wine. Thanks to Vance Vlasek and Dick Scholl for getting all the car owners together and putting on the show.



Food catered by The Loft Restaurant and served by party helper Liz, brought us back to the classic Hawaiian cuisine we all love so much. Teriyaki Chicken & Beef, Kahula Pork, and even the Hawaiian classic homemade macaroni salad. As a special touch we had shaved ice provided by the Haole Boys. Rainbow colored choice of flavors enticed our tastebuds and made that perfect shaved ice snow cone come alive on the warm summer day! It was just like we were back on the Islands.





This event, like all of our events didn't happen without a great team of support. Special thanks to Karen & Eli Dafesh, Debbie Miller, Barbie McMahan, Mona Marcos, Guiliana Vural, Debbie Wainer and of course our Board for their continued support with our events. Aloha!

Let's all express our best Hip-Shaking gratitude to Joyce Zimmerman for all the remarkable effort she put into this event.

DANCING THROUGH THE DECADES

What a fun event! Everyone who attended wore their dancing shoes, and many dressed as their favorite decade!

We even had a crown for the best dressed male and female, and the winners were Terry Grout who represented the 70's and Diane Rector, representing the Roaring 20's!!



The Mashed Potato Bar was a hit, and each person attending had their picture taken by our Juke Box! Be sure to see them on the SGYC Website!

Margee Lennard

NUMBER ONE HITS from 1958 to 1963

Poor Little Fool Volare Little Star It's All In The Game It's Only Make Believe

Tom Dooley To Know Him Is To Love Him The Chipmunk Song

Smoke Gets In Your Eyes Stagger Lee Venus Come Softly To Me

The Happy Organ Kansas City The Battle Of New Orleans Lonely Boy

A Big Hunk O' Love The Three Bells Sleep Walk Mack The Knife

Mr. Blue Heartaches By The Number Why Running Bear

Theme From A Summer Place Stuck On You



El Paso Teen Angel

Cathy's Clown Everybody's Somebody's Fool Alley Oop

I'm Sorry Itsy Witsy Teeny Weeny Yellow Polka-Dot Bikini

It's Now Or Never The Twist My Heart Has A Mind Of Its Own

Mr. Custer Save The Last Dance For Me I Want To Be Wanted

Georgia On My Mind Stay Are You Lonesome Tonight



Wonderland By Night Will You Love Me Tomorrow Calcutta

Pony Time Surrender Blue Moon Runaway Mother-In-Law

Travelin' Man Running Scared Moody River Quarter To Three

Tossin' And Turnin' Wooden Heart Michael Take Good Care Of My Baby

Hit The Road, Jack Runaround Sue Big Bad John

Please Mr. Postman The Lion Sleeps Tonight

THE Twist Peppermint Twist Duke Of Earl
 Hey! Baby Don't Break The Heart That Loves You Johnny Angel
 Good Luck Charm Soldier Boy Stranger On The Shore
 I Can't Stop Loving You The Stripper Roses Are Red
 Breaking Up Is Hard To Do The Loco-Motion Sheila
 Sherry Monster Mash He's A Rebel Big Girls Don't Cry
 Telstar Go Away Little Girl Walk Right In Hey Paula



Walk Like A Man Our Day Will Come He's So Fine
 I Will Follow Him If You Want To Be Happy It's My Party
 Suki-yaki Easier Said Than Done Surf City So Much Love
 Fingertips My Boyfriend's Back Blue Velvet Sugar Shack

Tuesday Cruz'n

That's all, Folks! The last Tuesday Cruz'n of 2024 took place on September 24th. (It was a Tuesday!) In case you missed it, here's couple photos to make you wish you hadn't. We are all looking forward to the return of this fabulous event in 2025! Many Thanks to Michele Murray for organizing the monthly event.



Members in the News

We have chosen to withhold the identity of the individuals, but here's what we heard a couple members saying at an event recently:

All you ever
Talk about is
BOATS

What would I
talk about
besides Boats?

You need to talk
about your
FEELINGS

Oh...
I Love Boats!

(Board) Members in the News

When a local magazine contacts you to say they want a photo of your group so they can use it for possible future publications, what do you do? Well, if you're Seagate Yacht Club, you tidy up the board members as best you can,



put them on the clubhouse steps and on a boat (Eagles Wings) with a great Seagate background and do a photo shoot!

Here's a Sneak Peek at a couple of the images you may see someday soon on a magazine in your mailbox!



New Member News



Sue and Bob Shalley and their furry child, Gracie recently moved to Seagate from Denver, and are very glad to be here enjoying the beach, community, and weather - no shoveling snow!

They love to travel, especially internationally. Bob loves golf, reading and the Florida State Seminoles. He volunteers weekly at the Seal Beach Library.

Sue enjoys knitting, cooking and mediation. She is a member of the Assistance League, and a member of the boards of directors for schools in Haiti and Cambodia. She is bilingual in Spanish and knows some ASL.

They own and have operated a business for 25+ years that provides architectural field surveys for Fortune 500 companies who open or remodel their brick-and-mortar facilities.

Welcome Aboard, Sue and Bob

Medical Update

2024 Vaccinations Update



Q: At the September 4, 2024 SGYC Executive Board meeting, I was asked to update on the new vaccines for Flu, Covid 19, and RSV. What are the possible side effects and is it OK to take them at the same time?

A: As of September, 2024 CDC Guidelines, three new vaccines became available:

1. New Influenzae A+B strains vaccine based on the ones prevalent in Australia in the last year as their flu season comes before ours
2. Covid 19 vaccine including the current prevalent strain JN-1 which spike last winter
3. Respiratory Syncytial Virus vaccine (RSV)

Fall is when the children are going back to school bringing home these viruses to spread to others and each other.

The ages for Flu and Covid 19 vaccines are 6 months and older. For RSV vaccines, if the age is less than 8 months, it is a monoclonal antibody called Beyfortus but for ages >60, it is called Arexvy and Abrysvo. It is also indicated for women who are pregnant at 32-36 weeks of pregnancy. Having the RSV vaccine during pregnancy helps to protect the infant against RSV for the first 6 months of life.

The contraindications for the vaccines are if you are allergic or have had a rare neurological disorder called Guillian Barre Ascending Neuritis. The flu vaccine is incubated in chicken eggs so it is contraindicated if you have allergy to eggs but not chickens.

The highest benefit of RSV vaccine is to those 65 years or older, compromised immune system, pregnant, or have underlying COPD or asthma lung conditions. People with heart disease, blood disorders, diabetes, obesity, kidney/liver/metabolic disorders, or previous strokes are more likely to have serious complications of all the above viral diseases even hospitalizations or death.

Side effects of these vaccines can include injection site reactions, rash, muscle aches, low grade fever, and fatigue that can last up to 36 hours which can be alleviated by ibuprofen/Naprosyn/acetaminophen as needed. A rare neurological disorder like Guillian Barre have also been reported.

Although the FDA states the 3 vaccines can be given at the same time, I recommend allowing 2 weeks before or after other vaccines for the RSV vaccine. If you have recently had COVID19, then I recommend waiting 3 weeks before getting the new Covid Booster for the best immunity response. Be safe not sorry!

By Mark N. Monroe, M.D.

SGYC Ship Store

Our next Ship Store event is during Happy Hour on Nov 1st for the Dia de los Muertos party.

And to be sure to mark off their calendar December 7th for the Annual Ship Store end of holiday year sale!

Margee Lennard,
Ship Store Coordinator



Signs of the Times

All you Mariners be careful out there!



SCYA News

September's SCYA meeting was held at BCYC, with 63 people in attendance representing 90 yacht clubs. Following the meeting there was a formal recognition of members in attendance with greater than 50 years in boating. In all, 19 people were recognized, the eldest having been involved in boating, yachting, racing and yacht clubs for 67 years, and still going strong.

The Old Timers were encouraged to share something from their past that we might find amusing. There we heard the following

*"Now that the power boat has been invented,
the only people sailing should be the Amish."*

*"If I say your name wrong it's your fault. You were probably given
a difficult name because you are a difficult person."*

"I've been sailing so long my first 2 boats used animal skins for sails."

*"Boaters are too quick to worry. If you look up and your mast is still there,
and you look down and water is coming in more slowly than you can pump it out,
you're going to be fine."*

We also learned:

Many of us will be asked to volunteer in the 2028 Olympics; When the Olympics were last here in 1984, over 900 Southern California yacht club members were used.

Drinking rum from a trophy is far more common in yacht club circles than most would imagine.

Ear nibbling with someone wearing a Scopolamine patch is ill advised.

*Southern California Yachting Association is an organization dedicated to
encouraging and assisting boating clubs throughout Southern California.*

Trivial Pursuit

Which of these Boat Names is NOT found in the SGYC Directory?

FAEBGO

Final-Final

Fin-Tastic

Fire Watter

Fraid Knot

Answer at the End of the Burgee





Mister Tech Tip

Mr. Tech Tip attempts to answer your questions about boat mechanical maintenance and repair

A previous article which discussed the use of road-going tires being used as marine fenders prompted much discussion. One question that came up repeatedly was this, can commercially purchased fenders be used just as effectively.

The answer is yes, fenders such as those found in marine supply stores can be just as effective when properly installed. Note in the photos below how the boat being pulled from the Sunset Aquatics ramp looks no less protected than the one traversing Canada's Rideau canal.



Future Events



SeaGate Yacht Club
2024 Event Calendar



DATE	EVENT	Location	EVENT HOST(S)
10/9/2024	Board Meeting & Annual Meeting	Bonaire Clubhouse	Board
Oct. 2024	Dock Party	Bimini Dock	Sue Westover-Giali
11/1/2024	Dia de los Muertos Party	Bonaire Clubhouse	Melinda Johnson-Pasqua / Grace Toy
11/16/2024	Commodore's Ball	Meadowlark Golf Course	Grace Toy
12/7/2024	Ship's Store Holiday Boutique	Bonaire Clubhouse	Margee Lennard
December 14 – 15	Huntington Harbour Boat Parade	Huntington Harbour	Rear Commodore / Membership
12/31/2024	New Year's Eve Party	Bonaire Clubhouse	Chris Johnson-Pasqua



On Board with...

The SS Minnow

The SS Minnow was a 1964 Wheeler Motor Yacht with a LOA of 38' 6", with a dry weight of 20,600 and powered by a 230 hp Detroit diesel. With her displacement style hull, she had a cruising speed of about 9 knots.



This means Gilligan and company could not have traveled more than 27 nautical miles outbound of Honolulu during the duration of their 3 Hour Tour. Figuring in a customary 3 knot storm drift, Coast Guard search grids would only have been approximately 150 square miles, making this a fairly simple rescue.

It's understandable if you're now beginning to doubt the authenticity of the entire documentary.

(Photo from Wikipedia)



Quick & Easy Banana Bread

Full disclosure here, we're still trying to work a few kinks out of this recipe. To be fair, our Quick & Easy Banana Bread is both quick and easy, but there's something about the texture that's not quite right. We'll have to get back to you on this one in a future edition of Rally.



TALKIN' NAUTI

Talkin' Nauti is one of our newer Burgee Bits, designed to help our members recognize the nautical roots of terms they use every day.

Landlubber

Landlubber, or land lover, describes a person who struggles with being at sea, on a boat, or experiences seasickness. For example: "I apologize, but I'm afraid I'm something of a landlubber when it comes to boat travel; I prefer to less interesting transportation."

CELEBRATE!

Congratulations to all our members Celebrating Birthdays and Anniversaries in the months of August and September! May you have a Fantastic Day, a Wonderful Year, and Many Happy Times with your friends here at SGYC!

Notify Dorothy!

Oz fans everywhere know we're not in Kansas anymore, but here's something that could make anyone melt right down to their Ruby Red Slippers! The photo below is an un-retouched snap taken by an older Android phone right after a light rain in Alamitos Bay. The shot faces South, so of course, Seagate is somewhere over the rainbow!



**Have a Great Harbor / Sunset / Seagate photo?
Please share it! Contact any of the people below,
and maybe you'll see it here in the next issue!**

DID YOU KNOW?

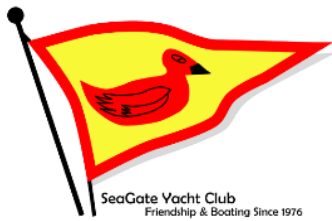
You don't have to be a board member to suggest, host or assist at an event!
Have an idea you think the members would enjoy?
Contact any board member with your suggestions!

Many Thanks to all who contributed to this issue.

Trivial Pursuit: Is there a Fraid Knot or Frayed Knot in the club?
Afraid not!

To see all event pictures, visit the website at SeagateYachtClub.com

View past Burgees here:
<http://www.seagatelyachtclub.com/HTML%20Files/Burgees%20Past.html>.



The BURGEE

(Published Bi-Monthly)

SeaGate Yacht Club

16011 Bonaire Circle

Huntington Beach, CA 92649

(714) 351-9959

<http://seagateyachtclub.com/>



A member of the Southern California Yachting Association

SeaGate Yacht Club

Your 2023 Elected Officers:

Commodore: Grace Toy

Vice Commodore: Chris Johnson-Pasqua

Rear Commodore: Tricia Pratto

Jr. Staff Commodore: Tiffany Tokar-Vlasek

Treasurer Robin Erickson

Secretary: Michele Murray

2023 Appointed Officers:

Membership: Craig & Kristi Whitacre

Port/House Captains: Kirk Zimmerman & Kevin Rew

Communications: Michael Dix

Fleet Surgeon: Dr. Mark Monroe, Staff Commodore

Webmaster: Josef Davydovits, Staff Commodore

Judge Advocate: Susan Westover-Giali

Roster: Robin Erickson

Ship Store: Margee Lennard