

# The B U R G E E

Jan 2020 Published Bi-Monthly















FRANCIS OKINO, COMMODORE



As you are all aware, the 2020 elected officers and appointed Board members will assume their responsibilities on January 1, 2020.



Though Erlene Pace will remain on the Board as Junior Staff Commodore, I want to take this opportunity to thank her for the great job she did as Commodore in 2019, and as host of the 2019 Commodore's Ball.

I want also to express my thanks to these Board members who are resigning at end of 2019: Webmaster and Staff Commodore, Ray Nagele: Ray was responsible for the many improvements of the website, that included installation and management of PayPal.

that included installation and management of PayPal. Treasurer and Staff Commodore, Josef Davydovits: Josef watched and managed our financials well, to the point that we were in the green at the end of 2019. He and Ray cooperated in managing PayPal.

Secretary Jan Nagele: Jan always reported quickly and summed up the minutes of our meetings in an accurate manner.

Membership, Sharon Courtway: Sharon kept us updated on the membership situation and was timely in seeking approval for new members.

Port Captain/House, Mike Pace: Mike not only took care of the drinks for SGYC, but among other things, he re-built the flagpole base, repaired the salute gun, made installations on the boat for the 2017, 2018 and 2019 Boat Parade.

Though 2019 Junior Staff Commodore, Cindy Broz Allen has decided to remain on the Board as Secretary, I want to specially thank her for her willingness to continue to volunteer and contribute to the club. She also does a wonderful job as a photographer for the club.

Regarding the 2020 Events, I just want to mention that we will have the Event Host Brunch on Sunday, January 19, 2020 at the Club House. Only 2020 event hosts or those interested in hosting an event will be invited.



### DONNA WELLS, VICE COMMODORE



The boat parade was a FIN-TAS-TIC Success! SGYC won Best Animation!! I feel so honored we were recognized for such a

prestigious award! My team of volunteers worked tirelessly and was wonderful working into the wee hours of the night. I have so many people to thank. First and foremost, thank you to Robin and Jean Clark for allowing SGYC to use the FINTASTIC! The Clark's have allowed us to use their

yacht for many years and I cannot say thank you enough for your support. The Shhh...Committee; Saturday volunteers and of course the dedicated group of volunteers whom attached the decorations to the yacht: Jackie Sands, Ginger Hegler, Laura Roskelly, Anne Marie Pichotta, Francis and Aurelia Okino, Bob McCormick, Pat Jenkes, Sharon Courtway, Erlene & Mike Pace, Susan Lipman, Ray Nagele, Robert Sanabria and Cindy Broz Allen. All of you share in the success of SeaGate Yacht Club's Animation Trophy!

#### ANNE MARIE, REAR COMMODORE





Happy New Year SeaGate Yacht Club! I am looking forward to being your Rear Commodore for a fabulous 2020! I have huge o follow from our incredible Vice Commodore, Donna Wells, as she led us to

shoes to follow from our incredible Vice Commodore, Donna Wells, as she led us to several magnificent events, most recently, an absolutely Fin-tastic 2019 Holiday Boat Parade entry! Congratulations to all for Best Animation! I am looking forward to the coming year! Please think

about joining us for all of the events this coming year. One to start planning for now will be our Catalina trip to Two Harbors, September 20 – 22, 2020. We have a block of rooms at the beautiful Banning House that are sure to book up quickly, so please call me directly to book your stay now before they fill up! More details coming soon! I hope you all had a wonderful holiday season and I wish you and your families a very Happy New Year! All the best!







During the Huntington Harbour Boat Parade, I began shivering uncontrollably. Why?

Hypothermia, as defined by decreased body temperature, develops faster in water than air. Water conducts heat better than air. Any movement in the water accelerates heat loss reducing survival time to minutes depending on the temperature of the water.

Cold shock is defined as the sudden exposure to cold. The cold constricts blood vessels in the arms and legs causing low perfusion of muscles and tissues. Hands, arms and legs become numb and useless. protection, such as a wet suit or survival suit, stay as still as possible in the H.E.L.P. (Heat Escape Lessening Posture) position with folded arms and crossed legs, floating with your back to the waves.

For the rest of this & more of SC Dr. Mark Monroe's articles see seagateyachtclub.com

## COMMODORE'S BALL









## HUNTINGTON HARBOUR BOAT PARADE





# SHIP'S STORE HOLIDAY BOUTIQUE



















Happy Birthday February & March							
Eli Dafesh	2/3	Larry Schwartz 2/26 Arlene Dixon		3/17			
Gary Dixon	2/6	Patrick O'Rourke- 2/27 Julieann Best		3/17			
Ginger Hegler	2/6	Rich Maier	2/28 Karen Rudolph		3/18		
Ping Chao	2/7	Kristi Whitacre	3/1 Lynda Mansfield		3/21		
Jean Worden	2/9	Carolyn Platt	3/1 Judie Hagin		3/22		
Ralph Lind	2/9	Jim Montano			3/23		
Gregory Lee	2/11	Maryann Boryszewski	3/5 Jeffery Ricketts		3/23		
Janet Littlejohn	2/14	Del Brault	3/5 Ellen Martin		3/24		
Lina Monroe	2/16	Elliott Wainer	3/6	3/6 Sue Hermelin			
Conrad Platt	2/17	Jerrie Chapin	3/11 Roger Wilhelm		3/25		
Marilyn Schwartz	2/17	Marlene Sholar	3/12 Clement Aime		3/26		
Jeff Specht	2/20	Mary Ritter	3/13				
Jessica Montano	2/21	Anthony Salcido	Margaret 3/13 Humphreys		3/27		
Jeannie Celeketic	2/26	Linda Cassidy	3/16 Gary Lynch		3/31		

Happy Anniversary February & March					
Nat & Susie Pendleton	2/5	Dennis & Kathy Kreil	3/6		
Robin & Jean Clark	2/14	Robert & Joanne McCormick	3/21		
Jim & Jeanne Woods	2/14				

#### SHIP'S STORE SGYC LOGO CLOTHING

Ship Store will have its first 2020 sale at the New Member Brunch, Sunday, February 9 at Acapulco Restaurant Marina Pacifica in Long Beach We have lots of great new items! See you there!!!

#### UPCOMING EVENTS

#### **EVENT HOSTS BRUNCH SUN. JANUARY 19**

**NEW MEMBER BRUNCH** SUN. FEBRUARY 9

DATE WITH COSTCO SAT. FEBRUARY 22

**BAHIA CORINTHIAN EVENT THURS. MARCH 5** 

> **OPENING DAY** SAT. APRIL 25





Francis Okino Donna Wells Anne Marie Pichotta Cindy Broz Allen Jackie Sands Erlene Pace Margaret & John Humphreys Membership Craig Whitacre Pam Dake Jackson Pam Dake Jackson Laura Roskelly Ginger Hegler Bob McCormick Dr. Mark Monroe Dale & Susan Westover Giali Judge Advocates

Commodore Vice Commodore Rear Commodore Secretary Treasurer Jr. Staff Commodore Port Captain Communications Webmaster Ships Store Ships Store Roster Fleet Surgeon

Thanks to all who have contributed to this issue. A special thanks to Joanne McCormick & to SC Cindy Broz Allen for photography and guidance. Go to www.sgyc.club, To see all of the event pictures , more of Dr. Mark Monroe's interesting and helpful articles, upcoming events and lots more.





A Member of the Southern California **Yachting Association** 

