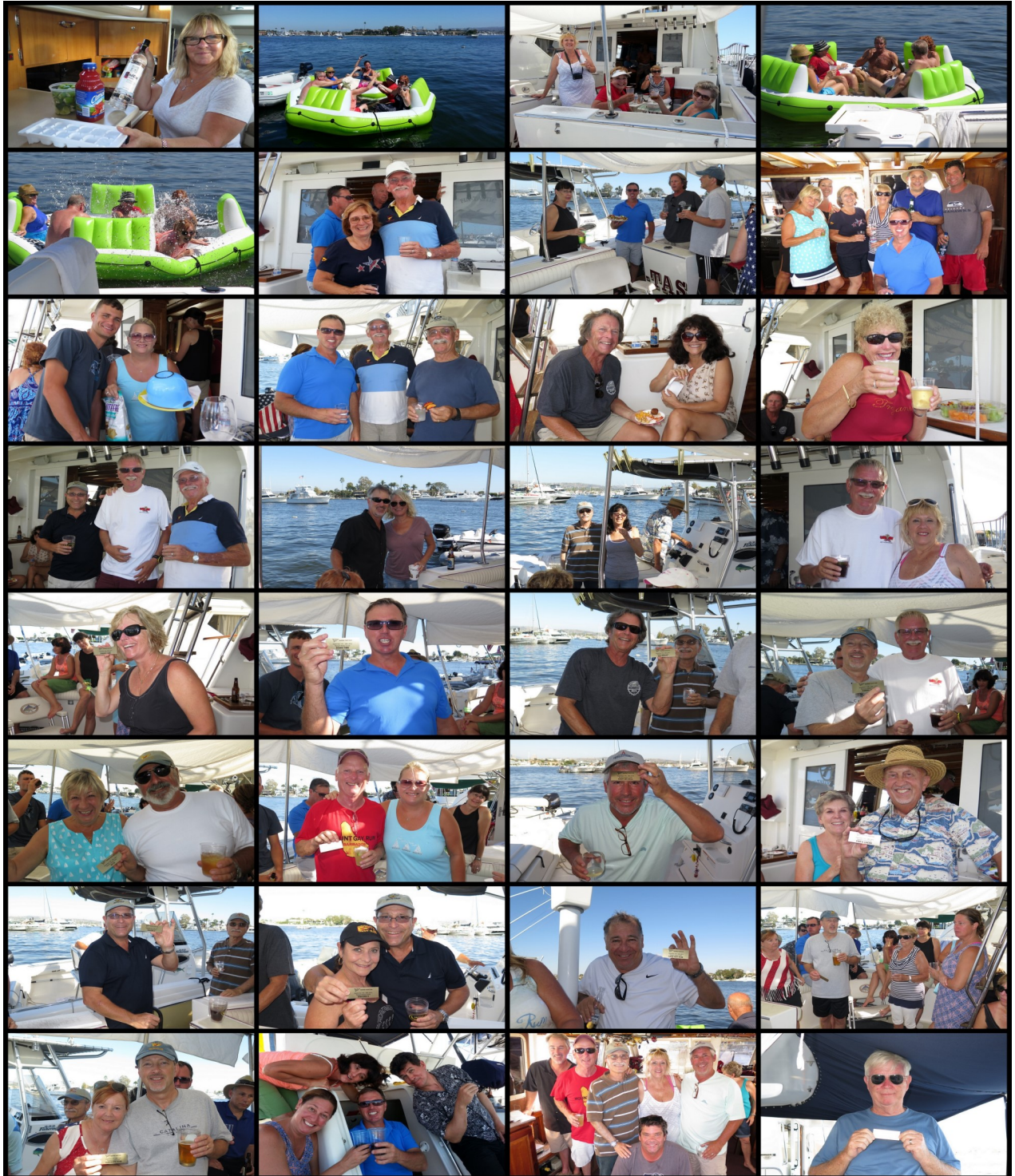




*SeaGate Yacht Club*

# The Lazy Days of Summer...

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November  
2015  
Published Bi-  
Monthly



## ***GIL MORRIS, COMMODORE***



My year as Commodore is now coming to a close and hopefully you have enjoyed this year as much as Chris and I have. These last three years have been amazing. I am grateful for the 2015 board members who have supported us throughout this year. I take great comfort in knowing that we have an incredible team on the board and that their support enabled me to manage the Club. Last month we had our annual general meeting and nominated & voted in the new 2016 board. Lots of members showed up, probably one of the largest turn out in a few years, a good sign of the positive support we get from the membership. It is nice to see that we have new volunteers that come forward to join the board or volunteer as event hosts. This is the spirit that makes our club so unique! It was a great year that gave Chris and me the opportunity to get to know all of you members better. I also learned what a great club we have, and that is because of our members. Each of you provide a very diverse pool of personalities which add to the club overall charisma.

We still have several terrific events before the close of the year and before my term as your Commodore ends. Our next event is the holiday Boat Parade. The theme this year is "Songs from the Silver Screen", Rear Commodore Kelly Tidwell and crew have been working hard to create another spectacular entry. Check your e-mails for the work party dates as we need all the help we can get to finalize our entry. We want to thank Robin & Jean Clark again for the use of their boat the FIN-TASTIC.

I want to thank, in this article, each volunteer (the emphasis here – VOLUNTEER!!!) who served as a Host for a 2015 event. I will not list each of you here; you need to show up at the Commodore's Ball on November 7th when we will recognize each one of you! I am looking forward to staying on the Board as an advisor and providing support to the 2016 board. Please feel free to contact me with any issues and comments.

Respectfully, your Commodore, Gil Morris

Mark, Kelly & Brent – I look forward to working with you in my emeritus role as you take the club to the next level



## ***DR. MARK MONROE, VICE COMMODORE***

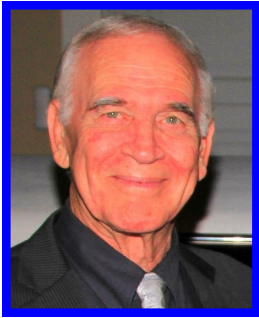


On October 6<sup>th</sup> we had our very lively annual general membership meeting at the Bonaire clubhouse. Thank you to all who came out to the club to vote for the 2016 Flag officers and to participate in the decision-making.

We have a new Rear Commodore: Brent Friedland. Welcome to the Flag! I hope all members get to meet and greet him very soon. We are all excited to extend our support to him.

We went over the calendar of the planned events for 2016. It looks very exciting and promising. I would like to thank all members who agreed to sponsor club events. Your generosity with your valuable time is greatly appreciated. We still have very few events that are in need of hosts. Please consider volunteering as a host and remember that there is always help available from the members.

2016 is promising to be a very exciting year for our club. Please try to participate in as many events as you can. No club can succeed without membership's participation. Let's all have fun next year!



## KELLY TIDWELL, REAR COMMODORE



Ahoy fellow SGYC members, we have arrived at the theme for our Christmas Boat Parade entry for this year. Our theme will be the Titanic and with the huge amount of talent that has volunteered to help achieve our theme, I think we are looking at the winner's circle again!

We expect to begin construction very soon and with the help of Bob McCormick, we will be letting everyone know the date and time. Our construction site will be in our garage. I am thanking everyone in advance for their assistance and a BIG thanks to Robin and Jean Clark for the use of their boat "Fin-tastic". (I promised not to sink it)

### Tuna Fish Poisoning - written by Vice Commodore Dr. Mark Monroe



**Q: On Saturday I went to a sushi restaurant and had a seared ahi salad. Within two hours I was nausea and vomiting with diarrhea, sweating, abdominal cramps, chills, and low fever 99°F. What was wrong?**

**A:** Scombroid food poisoning is a food borne illness from eating spoiled fish such as tuna, mackerel, bluefish, bonito, mahi-mahi, sardines, and anchovies that were not stored properly. Tuna and bonito are especially prone to it since they have a long dark maroon stripe along the sides that are used by the fish for temperature regulation. However, it can carry bacteria that can produce toxic histidine which is a histamine. Therefore, patients with asthma are more prone to respiratory problems such as wheezing and bronchospasms. Symptoms can occur anywhere from 10 minutes to 2 hours after consumption of undercooked fish. These symptoms include nausea, vomiting and diarrhea to evacuate the poison from the body, rapid heartbeat, dizziness, chills, sweating, abdominal cramps, and flulike symptoms. Severe symptoms can include rash, blurred vision, respiratory distress, and swelling of the tongue. Death is rare, but has been reported.

There is no laboratory test for it so it is based on clinical diagnosis. Treatment includes rehydration with at least 64 ounces of Gatorade daily, antihistamines such as Benadryl plus Zantac together, and antibiotics such as Levaquin, if not allergic. If problems breathing or anaphylaxis (swollen tongue or lips), use the EpiPen (adrenalin), go to the nearest emergency room or contact your family doctor immediately.

### "New Member Highlight" ( Michael & Doris Dix ) - written by SC Mike Courtway

I met Doris & Michael Dix at their beautiful SeaGate home on Dominica Circle. They are in transition. They have lived in Brea for the past 30 years and bought their SeaGate home under the pretense of it being a weekend "getaway" destination. Well, as they now spend more time here, they are making plans to sell their Brea residence and move here, permanently.

Doris was born and raised in Canoga Park. She is a pediatric nurse. Michael was born in Chicago and grew up in Joplin, Missouri. He moved to SoCal with his parents. But, when they moved back to Missouri, he stayed. He and Doris met, and they married on the Queen Mary (in Long Beach) in 1977. They have two married children and a grandson in Yorba Linda. Michael works in sales and marketing for a private investor that makes business loans. Some of his spare time is spent playing the guitar.

Michael and Doris have sailed for a long time, but may now be ready to get into a power boat. They recently rented a twin engine cruiser from their sailing club in Newport Beach. They brought it to Huntington Harbour and enjoyed the day on it.

The couple love to travel together. They recently returned from a 21 day cruise through eight countries in eastern Europe. Their next cruise is planned for South America and around the "Horn".

To move here, the couple is prepared to sell a 1958 Chevrolet that Doris's grandfather bought, new. It has 123,000 original miles on it.

Michael and Doris are happy to be in Huntington Harbour and thank Caron Mount for encouraging them to join SGYC. They want to become active members. Please welcome Doris & Michael to SGYC when you see them.



Doris & Michael Dix - New Members

# NEWPORT CRUISE & RAFT-UP



Robin and Jean Clark & SC Ray & Jan Nagele - Hosts



In Loving Memory of Donovan



2015 Newport Harbor Cruise Raft-up

This year's annual SeaGate Raft Up was in the Lido basin anchorage area. It started on Thursday and went through Sunday, Sept 17-20. There were a total of fourteen boats. Thanks go to Robin Clark and others for making sure everyone anchored safely. On Friday night, we had dinner at a new venue, the American Legion Yacht Club. The Italian buffet on the ALYC deck was enjoyed by all. On Saturday, several adventurous members went on the floating Relaxation Station. Then we had our Raftup cocktail party, always a blast. Many thanks to all our members who made this event great. The boats rafting were Fin-Tastic (Co-hosts Robin & Jean Clark), Yorkshire Rose (Co-hosts SC Ray & Jan Nagele), Hatt R Us (Sanabria), RO III (D'Angelo), Cheryl Ann (Arndt), Knot on Call (Ferns), Sea-Renity (Haas), Kathleen (Lee), Bates Motel (Bates), LaFortuna II (Aime), DownTime (Knupp), Coral Way (Allen), Fish & Chicks (SC Courtway) and Encore II (Wainer). Lastly, we cannot forget our great Port Captains Rob and Cindy Allen for always taking care of us. It was a fun time and we look forward to many more.



# Country & Western Party



Margaret & SC John Humphreys - Hosts

Seagate Yacht Club Country and Western Party  
By Staff Commodore John & Margaret Humphreys.  
On Saturday October 17<sup>th</sup> the Seagate Club House was home to "Cowboy Country" many of our members and guests got dressed in their Country & Western finery in preparation for a "rip-roaring" time. After a few cocktails we had a delicious BBQ of smoked beef brisket, and chicken breast with all the fixings, followed by peach cobbler and "Texas Cow Pie" cookies.

Then our Country/Rock entertainer got the party started by circulating around while performing some great numbers and then getting everyone dancing while demonstrating and performing "The Electric Slide" and a few other popular line dances. We were also treated to a lot of other Country and Rock music which kept a lot of people dancing for the whole evening. A great "hoe-down" was had by all!!!





# 2015 General Meeting

## Meet your 2016 Board



Commodore Dr. Mark Monroe



Vice Commodore Kelly Tidwell



Rear Commodore Brent Friedland



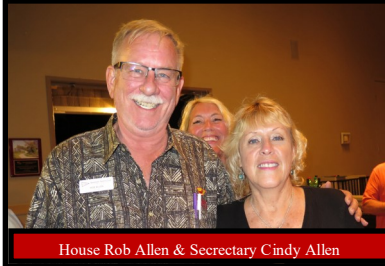
Jr. Staff Commodore Gil Morris



Staff Commodores



Spouses Staff Commodore



House Rob Allen & Secretary Cindy Allen



Treasurer Jackie Sands



Membership Aurelia Okino



Ships Store Erlene Pace



Roster Bob McCormick



Webmaster Staff Commodore Ray Nagele



Communications Bonnie & SC Jeff Specht



We had a great turn out for our Annual meeting on October 6th where we enjoyed Pizza and Salads from Porky's Pizza. I went over the club's accomplishments the current board members one by one, stated what they have done for the club this year and went over the 16 club events including 2 new events, plus Tuesday Cruzin' every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday in June through September. We have been told that SGYC is the main reason for the bar "HA HA" the Club has paid half the cost of the carpet upstairs. The club is now set-up for PayPal payments which has made it easier to make reservations. The main reason for this meeting was to vote in our officers and board members for 2016 and get volunteers to host 2016 events. The Club went into this meeting needing a Rear Commodore and a board member to take over the ships store. Brent Friedland was added to the ballot from the floor and was voted in; Erlene Pace volunteered to take over the Ships store.

Brent Friedland is a native southern Californian and a new member to SGYC. He grew up in Los Angeles and Long Beach. He is a certified real estate appraiser and a licensed real estate agent with Coastal Alliance in Long Beach. Erlene Pace helped Chris and me with the Avalon Cruise this year and she and her husband Mike will host the 2016 Avalon Cruise.

### *From the Editors - Bonnie & Jeff Specht*

Photos are the key to sharing all the fun events at SGYC. People love to see themselves enjoying and remembering what a great time they had. If you are an event host it's your responsibility to have a designated volunteer photographer documenting your event. Remember to smile there could be a "Candid Camera"!

# Duffy Brunch Cruise to HHYC



Early Sunday morning, Rain or Shine, SGYC showed up for a scrumptious brunch at HHYC. There were 8 Duffy's filled with members and several carloads that converged on HHYC. Over 50 of our members enjoyed a wonderful omelet and waffle bar with all the fixings. They also enjoyed a large selection of foods and excellent service. Thank you to Staff Commodore Jeff & Bonnie Specht for arranging and promoting this delicious event. Mark your calendar for next year's Duffy Brunch Cruises to HHYC on June 19 & October 2 2016.

## Happy Birthday

Laney	David	11/1	Kappes	Richard	11/19	Ulrich	John	12/7
Rector	Rich	11/1	Clark	Robin	11/21	Jackson	Pam	12/11
Mueller	Scott	11/4	Fetterman	Ian	11/22	Smith	Sharon	12/11
Fell	David	11/7	Flecklin	Tony	11/23	Kreil	Dennis	12/12
Smith	Verna	11/8	Okino	Francis	11/24	Ferns	Sherrie	12/13
Bayless	Kathy	11/12	Lund	Mary Louise	11/27	Jackson-Pasqual	Melinda	12/13
Torla	Dan	11/12	Sandvig	Nancy	11/28	Mascoli	Lucille	12/13
Mount	Caron	11/12	Pratto	Tricia	11/28	Davis	Georgette	12/16
Liddle	Cathy	11/13	Arndt	John	11/29	Knupp	Nancy	12/21
Noble	Ken	11/14	Parcoll	RJ	11/30	Pendleton	Nat	12/23
Hickey	Betty J	11/15	Kelly	Cathy	11/30	Reed	Pat	12/23
Pisano	Steve	11/16	Knupp	Dean	12/1	Nagele	Jan	12/24
Kappes	Judie	11/17	Bartlett	Gary	12/5	Fairon	Guy	12/27
Ulrich	Christi	11/18	Swanson	Bea	12/5	Hayes	Pam	12/28
Fee	Martha E	11/19	Jones	Mona	12/7	Bobier	Barbara	12/29

## Happy Anniversary

Helene Parada & Paul Brown	11/11	John & Margaret Humphreys	12/6
Mary Shebell & Merle McCormick	11/16	Gene & JoAnn Busby	12/22
Kevin & Candace Cloud	11/18	Donald & Jackie Sands	12/26
John & Maryann Boryszewski	11/21	Rick Pope & Laura Roskelly	12/28
Tim & Regina O'Brien	11/22	Bruce & Kathy Bayless	12/29
Floyd & Mira D'Angelo	11/25	Mary & Horst Ritter	12/29
Gary & Arlene Dixon	11/25	Conrad & Carolyn Platt	12/31
Josef & Kim Davydovits	11/30		

**SHIPS STORE  
SGYC LOGO CLOTHING  
DEBORAH FAIRON  
949-287-4353**

**UPCOMING EVENTS**

**Commodore's Ball  
Saturday, November 7**

**Boat Parade Entry  
November-December**

**New Years Eve  
Thursday, December 31**

**Event Host Brunch  
Sunday, January 10**



**2015 CREW**



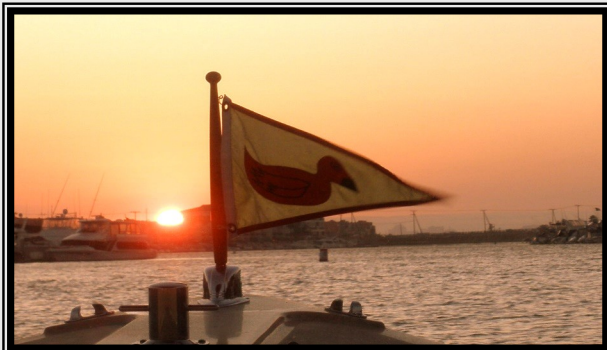
**Gil Morris  
Dr. Mark Monroe  
Kelly Tidwell  
Josef Davydovits  
Cindy Allen  
Jackie Sands  
Aurelia Okino  
Rob Allen  
Deborah Fairon  
Bob McCormick  
SC Ray Nagele  
Bonnie & SC Jeff Specht**

**Commodore  
Vice Commodore  
Rear Commodore  
Jr. Staff Commodore  
Secretary  
Treasurer  
Membership  
Port Captain  
Ships Store  
Roster  
Webmaster  
Communications**

*Many thanks to those of you who contribute to the Burgee and to Mike Courtway for the biographies. Special recognition to Secretary Cindy Allen and Pat & Vaughn Jenkes. Also, to all that have contributed photographs that bring our website and Burgee to Life!  
**SEE MORE AT : [www.seagateyachtclub.com](http://www.seagateyachtclub.com)***

**SeaGate Yacht Club**

*P.O. Box 1863 Huntington Beach, CA 92649*



**A Member  
of the  
Southern California  
Yachting Association**

