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KELLY TIDWELL, COMMODORE



Ahoy SeaGate Yacht Club Members:

Well like the old Frankie Laine song says: Rain, rain, rain. Well, didn't it RAIN, CHILDREN! SGYC got 2017 off to a rousing start even though heavy rains and whipping waves kept the boats in port. Over ninety intrepid SGYC Brunchers enjoyed the Club's first 2017 event, New Members' Brunch, Hosted by Pat and Vaughn Jenkes. Table hopping to meet and greet was a focal point as waiters provided non-stop champagne pours. Forays to Acapulco's refreshed buffet tables stirred interest in the numerous delicious new seafood and made-to-order offerings. No one left hungry! Missing the mimosa-sipping cruise to Marina Pacifica was rectified by a drawing that put multiple bottles of take-home bubbly at each table. Kudos to Port Captain Jim Hagin and Judie for assuring we would not have gone thirsty. Repeated thanks to our skippers who thoughtfully considered the gloomy weather forecasts before deciding to put "safety first" and stay docked. Also greatly appreciated are Marilyn Schwartz's mini-Ship's Store, Vice Commodore Cindy Allen's photography and Commodore Kelly Tidwell and Jr. Staff Commodore Mark Monroe's introductions of our Board and eleven attending Staff Commodores. Thanks, as well, to Sharon Courtway for her prospective member and members' guests introductions. A special huge thank you to all who braved the elements to support the Brunch and make it a memorable occasion. Super Bowl LI hosted by Jan and Ray Nagele was well attended. Of course, wine, beer and endless fresh pizza baked onsite by Pizzargeous.com will get the crowd to show up. Bob McCormick manned the Pool numbers and Tom Linden counted the paper money. Deborah Fairon, Kelly Tidwell, Sharon Courtway, Pam Jackson, Marilyn Schwartz and Josef Davydovits had winning numbers and took home a handful of cash. Marilyn was busy with the Ship's Store and Jim Hagin kept the glasses filled. New members Julieanne Best and Karen Jones received their Burgee. Cindy Allen, Vice-Commodore is our staff photographer. Check out her pictures at www.seagateyachtclub.com.

Don't forget to RSVP for the St. Patricks Party March 18
<http://sgyc2017files.seagateyachtclub.com/2017/2017MarchEvent.html>

"The sea, once it casts its spell holds one in its net of wonder forever. " ~Jacques Cousteau~
 Kelly Tidwell, SGYC Commodore 2017



CINDY BROZ ALLEN, VICE COMMODORE



What a great start to the 2017 SeaGate Yacht Club season! Even though the weather was foul, SGYC members and prospective members braved the elements to attend the New Members Brunch at Acapulco Restaurant in Long Beach. Hats off to our unshakable event hosts Vaughn and Pat Jenkes! And to Marilyn Schwartz, our Ship's Store "go-getter", who brought SGYC logo goodies for us to buy and also persuaded Alex the Owner of Pro Beauty Center on Edinger and Springdale to donate beauty supplies and 10% off for life cards for prospective members. And then what a fantastic comeback for the Super Bowl in February, thank you Ray and Jan Nagele, our Super event hosts! The custom pizzas were delicious, the football Pool that Bob McCormick provided was exciting, Lady Gaga was mind-blowing, and our Port Captain Jim Hagin kept the libations well stocked. Looking forward to the next memorable event.



ERLENE PACE, REAR COMMODORE



Well I hope after all this rain you didn't turn into Mr. Limpet or the Little Mermaid & float away! I look forward to seeing you at the next event. That leads me to bring up the "Avalon Cruise", which might seem too early, but the next Burgee after this one will be when we are all in Catalina. We have a great event planned, here's a hint; get your 70's groove on. Also, start digging through your old photos, as I will be asking you to send me a photo of yourself from the 70's (3 x 5 or smaller) for a fun game of "Guess Who". Prizes too!! Hope to see the faces from last year & more new faces this year, so mark your calendars for May 5-7. Thanking you in advance for your support.

NEW MEMBER'S BRUNCH

Stormy weather was no match for intrepid SGYC Brunch-goers.



NEW MEMBER'S BRUNCH CONT.



2017 SUPER BOWL

That was a SUPER Super Bowl! There was a lot of excitement in the SeaGate clubhouse watching the big screen with clear sound from the club's PA system.



2017 SUPER BOWL CONT.





DR. MARK MONROE, STAFF COMMODORE



Shallow Water Blackout

Q: What is shallow water blackout and what can I do to prevent it?

A: Shallow water blackout is loss of consciousness due to cerebral hypoxia while a swimmer holds his breath freediving up to 30-foot depth. It can be provoked by hyperventilating (breathing rapidly) before submerging. Unlike scuba diving where pressure is a factor, free diving blackout is the result of lack of oxygen going to the brain. Just like in scuba diving, you need to have a diving buddy to rescue you from drowning immediately and start CPR. Free diving blackout can occur at any depth: constant, ascending, or descending depth. Hyperventilation blows off your carbon dioxide drive that is needed by the brain to monitor the oxygen level.

If excited or anxious about the dive, the diver should take extra care to remain calm and breathe naturally as adrenaline can cause hyperventilation without the diver noticing it. When the urge to breathe comes on at the end of the dive, the diver should slowly exhale, surface immediately, and then breathe. A diver should never free dive alone. Diving in buddy pairs, one on the surface to observe and one to dive, allows the observer to attempt to rescue in the event of blackout. Buddy pairs should both know how to recognize and manage the blackout. After surfacing, the divers should observe each other for at least 30 seconds. Dives should be kept within the rescue capabilities of both divers. Contact your family doctor as he will be most familiar with your physiological needs. Stay safe and have fun!

2017 MEMBERSHIP MILESTONES

Welcome 2017 New Members!!!!

Julieann Best, Karen Jones, Michale and Lutz Brode, Donna Degele, Ramirez and Elise Gurgis

Update 20+ YEARS		John Mitchell & Gail Lacorazza	28		
Tom and Jean Worden	19	Richard & Judie Kappes	19	Doug & Sharon Fuhrman	18
Josef Davydovits	17	Jeff & Tina Haas	17	Ron & Mona Jones	17
Jim & Jeanne Woods	16	Rick & Lari Thomas	15	Robert & Joanne McCormick	15
Dennis & Kathy Kreil	15	John & Maryann Boryszewski	15	Martha Baumel	15

Happy Birthday April/May

<i>NAME</i>	<i>DATE</i>	<i>NAME</i>	<i>DATE</i>	<i>NAME</i>	<i>DATE</i>
Robert Sambria	4/1	Cecilia Pugh	4/2	Debra Wainer	4/2
Michael Pace	4/4	Vance Vlasek	4/4	Ed Davis	4/8
Roy Jarvis	4/11	Robert Osborn	4/11	Debbie Wood	4/13
Jim Walton	4/17	Jay Ferns	4/18	Chris Johnson-Pasqual	4/18
Bruce Bayless	4/20	Regina O'Brien	4/26	Richard Verry	4/26
Carol Kirkwood	4/27	Kim Buchanan	4/28	Mary Shebell	4/30
Ron Jones	5/3	Kathy Lee	5/5	Elisa Guirgis	5/5
Bill Chapin	5/10	Lolly McHardy	5/13	Kevin Cloud	5/14
Ray Nagele	5/18	Tim O'Brien	5/19	John Pratto	5/19
Deanna Stingley	5/23	Gail Cyprus	5/24	Cindy Allen	5/25
Gail Lacorazza	5/26	Jeff Smith	5/30	Sheila Osborn	5/31
James Woods	5/31				

Happy Anniversary April/May

<i>COUPLE</i>	<i>DATE</i>	<i>COUPLE</i>	<i>DATE</i>	<i>COUPLE</i>	<i>DATE</i>
Guy & Caron Mount	4/6	Joel & Sherrill Lander	4/13	Ramez & Elisa Guirgis	4/16
Ben & Karen Rudolph	4/25	Elliott & Debra Wainer	4/28	Dick & Linda Scholl	5/4
Ray & Ellen Martin	5/11	David & Béa Swanson	5/13	Erlene & Michael Pace	5/23
Vance & Tiffany Vlasek	5/24	Richard & Kaye Verry	5/24	Pat & Vaughn Jenkes	5/28
Cheryl & John Arndt	5/29	Guy & Deborah Fairon	5/29	David & Roni Fell	5/29

**SHIP'S STORE—SGYC LOGO
CLOTHING**

Marilyn Schwartz

miwswartz@yahoo.com

Ship's Store will be open during:
St. Patrick's Celebration 3/18
and Opening Day 4/22

UPCOMING EVENTS

ST. PATRICK'S CELEBRATION

SATURDAY, MARCH 18

OPENING DAY

SATURDAY, APRIL 22

AVALON CRUISE

FRIDAY MAY 5 THRU SUNDAY MAY 7

NIGHT AT THE RACES

SATURDAY, JUNE 3

DUFFY CRUISE TO HHYC

SUNDAY, JUNE 11



2017 CREW



Kelly Tidwell
Cindy Allen
Erlene Pace
Dr. Mark Monroe
Jan Nagele
SC Josef Davydovits
Sharon Courtway
Jim Hagin
Marilyn Schwartz
Bob McCormick
SC Ray Nagele
Pam Jackson
SC Josef Davydovits

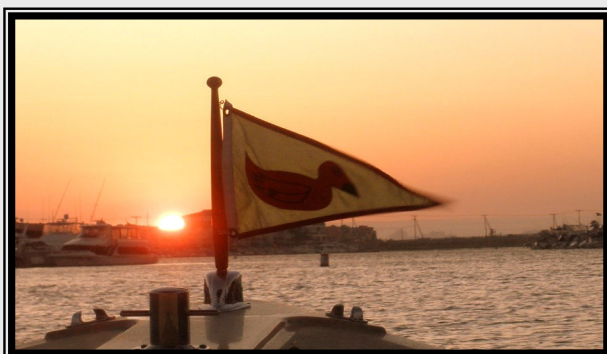
Commodore
Vice Commodore
Rear Commodore
Jr. Staff Commodore
Secretary
Treasurer
Membership
Port Captain
Ships Store
Roster
Webmaster
Communications
Historian

Thanks to all who have contributed to this issue. Special recognition to Cindy Broz Allen, Bob McCormick and Sharon Courtway.

Visit www.sgyc.club for more.

SeaGate Yacht Club

P.O. Box 1863 Huntington Beach, CA 92649



**A Member
of the
Southern California
Yachting Association**

