

# SeaGate Yacht Club

## 2021 SGYC BOARD OF DIRECTORS

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COMMODORE  
FRANCIS OKINO



TREASURER  
JACKIE SANDS



SECRETARY  
SC CINDY BROZ ALLEN



MEMBERSHIP  
MARGARET & JOHN HUMPHREYS



FLEET SURGEON  
DR. MARK MONROE



ROSTER  
HC BOB MCCORMICK



JUDGE ADVOCATES  
SUSAN WESTOVER AND  
SC DALE GIALI



PORT CAPTAIN  
CRAIG WHITACRE



COMMUNICATIONS  
PAM JACKSON



LAURA ROSKELLY AND  
GINGER HEGLER  
SHIPS STORE



WEBMASTER  
AUSTIN DIX



JR STAFF COMMODORE  
ERLENE PACE



## *FRANCIS OKINO, COMMODORE*



Needless to say, Covid-19 turned our world upside down in 2020!

However, we are hopeful that 2021 will be a better year. We are in the process of lining up events for 2021 which will include regular Yacht Club events, some 2020 events that were cancelled, and any new events that may be suggested by members. We will get that done so that the event dates and hosts can be published in the 2021 Membership Roster.

As of now, we do not know if we will be able to hold any events before Opening Day, which is scheduled for April 24, 2021.

Because many events scheduled for 2020 got cancelled, the Board has decided to reduce the Membership Renewal Fee for 2021. Details of the reduced renewal fee will be included in your 2021 Renewal Notice. Please plan to send in your renewal fee early.

Regarding 2021 events, we plan to hold our first event as soon as it is permitted. Stay tuned!

One last plea—we are still looking for a Vice Commodore and a Rear Commodore.

Please volunteer so that we can continue to run successfully this wonderful club!



**COVID19**



***DR. MARK MONROE, M.D.  
FLEET SURGEON***

## **VACCINES PROJECTED TIMELINE**

**By Mark N. Monroe, M.D.**

Four different pharmaceutical companies have applied for emergency FDA approval of their COVID19 vaccines. These vaccines use a snippet of the virus's mRNA sequence that is common to the United Kingdom, California, and Florida strains. There is going to be a very high demand for the vaccines as the hospital ICU beds are in critical short supply. There has been a spike in COVID-19 cases since Thanksgiving. Currently, the entire Southern California region is at 0% capacity for ICU beds. Dr. Fauci commented that our best hope is the vaccines.

The two currently FDA approved vaccines were developed by Pfizer and Moderna. Both vaccines have a 95% success rate. Both Pfizer and Moderna vaccine will involve two shots. The Pfizer vaccine is more complex to store and administer. The first shot does not provide immunity. It kicks in one week after the second shot is administered. Moderna vaccine is much easier to handle and store.

No vaccine or medicine comes without side effects. They include injection side reaction, low grade fever, general malaise, and hangover-like headache. Four of Pfizer vaccine trial volunteers developed Bell's Facial Palsy which was treated and resolved. None reported getting the COVID-19 virus from the vaccines. The benefits of the vaccines outweigh the risk of getting the COVID-19 infection. You should still get the seasonal flu vaccine to protect yourself from a possible twin-demic. Once you are vaccinated with the COVID-19 vaccines, you should still practice social distancing, use personal protection equipment and proper hygiene until most of the population is vaccinated and developed the antibodies. The immunity after getting vaccinated will only last for about 9 months. Therefore, this vaccine will have to be on an annual basis.

There is no pediatric indication for either one of the COVID-19 vaccines. If you already had the COVID-19 infection, your own immune system has developed the antibodies which only last about 3 months. Therefore, you will still need to be vaccinated.

The FDA has established the guidelines as to who will be vaccinated first. The front-line healthcare workers will be followed by convalescent hospitals and correctional facilities as they are high breeding grounds for COVID-19. The policemen and firemen are being vaccinated now. They will be followed by high-risk patients, such as people over 75 years of age with co-morbid conditions), obesity, asthma, COPD, heart disease, high blood pressure, Chronic Kidney Disease), and finally by the rest of the population. Vaccinations for general population should start by the end of March.

I have already received my first dose of the Pfizer vaccine. I took 2 Extra Strength Tylenol tablets about 1 hour before the vaccine administration and did not experience any side effects at all. Your family doctor will be the best person to advise you and keep a waiting list to notify you when your turn comes up.

## 12/2020 HARBOUR LIGHT ARTICLE

By CINDY BROZ ALLEN AND JACKIE SANDS



As 2020 draws to a close, with most of us looking forward to a better 2021, SeaGate Yacht Club will have an entry in this year's Huntington Harbour boat parade, thanks to Robin and Jean Clark. Honorary Commodore and Roster Chairperson Bob McCormick and volunteer members are working to ready the FIN-TASTIC.

SeaGate Yacht Club had their first (and hopefully only) virtual happy hour on September 26th. The lucky guests received, in advance, a hand delivered mystery box filled with yummy treats, riddles and trivia, and of course a bottle of wine. For those not yet familiar with Zoom, we had a practice session before the get-together.

Many thanks to Sue Westover for being our Zoom trainer/hostess! At 5PM our Commodore, Francis Okino, welcomed everyone and invited our guests to open their mystery box, and raise their glasses for a toast. Everyone had an opportunity to share a joke or riddle, or just tell how they are surviving during the pandemic. It was a great way to catch up and stay connected with the members of the club! Special thanks to Dean Knupp for chauffeuring during the deliveries, and to Event Hosts Nancy Knupp and Melinda Johnson-Pasqua for planning and executing this event. On October 6, we held our virtual Annual Meeting hosted by Commodore Francis and Aurelia Okino. We voted for the 2021 Officers and 2021 appointed chairpersons were announced. Results: Commodore Francis Okino, Vice Commodore position open, Rear Commodore position open, Treasurer Jackie Sands, and Secretary Staff Commodore Cindy Broz Allen. Appointed chairs will be Membership John and Margaret Humphreys, Port Captain Craig Whitacre, Communications Pam Jackson, Webmaster Austin Dix, Ship Store Laura Roskelly & Ginger Hegler, Roster Hon. Commodore Bob McCormick, Judge Advocate Staff Commodore Dale Giali and Susan Westover and Fleet Surgeon Staff Commodore Dr. Mark Monroe.



**SEAGATE  
YACHT  
CLUB  
FIN-TASTIC  
DECORATING  
PARTY**

**COLLAGE BY: SC CINDY BROZ ALLEN**

# 2020 BOAT PARADE DECORATING



# 2020 BOAT PARADE DECORATING



# BOAT PARADE





# BOAT PARADE



# BOAT PARADE



# BOAT PARADE



## *Happy Birthday Feburary & March*

Eli Dafesh	2/3	Jeannie Celeketic	2/26	Sandy Meier	3/15
Dick Scholl	2/5	Larry Schwartz	2/26	Del Br aul t	3/5
Gary Dixon	2/6	Patrick O'Rourke	2/27	Linda Cassidy	3/16
Ginger Hegler	2/6	Rich Maier	2/28	Arlene Dixon	3/17
Ping Chao	2/7	Kristi Whitacre	3/1	Judie Hagin	3/22
Jean Worden	2/9	Carolyn Platt	3/1	Dale Giali	3/23
Gregory Lee	2/11	Jim Montano	3/4	Jeffery Ricketts	3/23
Janet Littlejohn	2/14	Del Brault	3/5	Ellen Martin	3/24
Richard Boatright	2/16	Maryann Boryszewski	3/5	Sue Hermelin	3/25
Lina Monroe	2/16	Elliott Wainer	3/6	Roger Wilhelm	3/25
Conrad Platt	2/17	Tanya Scheer	3/13	Clement Aime	3/26
Marilyn Schwartz	2/17	Mary Ritter	3/13	Margart Humphreys	3/27
Jessica Montano	2/21	Claudia Herrera	3/15	Nanette Zumwalt	3/29

## *Happy Anniversary Feburary & March*

Nat & Susie Pendleton	2/5	Dennis & Kathy Kreil	3/6
Robin & Jean Clark	2/14	Robert & Joanne McCormick	3/21
Jim & Jeanne Woods	2/14		

**SHIP'S STORE  
SGYC LOGO CLOTHING**

Ship Store is looking forward  
Until we can safely sell our  
unique merchandise.

**LAURA ROSKELLY  
&  
GINGER HEGLER**

**UPCOMING EVENTS**

**OPENING DAY APRIL 24**

**PLANS FOR 2021  
STAY TUNED**

Francis Okino	Commodore
OPEN	Vice Commodore
OPEN	Rear Commodore
SC Cindy Broz Allen	Secretary
Jackie Sands	Treasurer
Erlene Pace	Jr. Staff
	Commodore
SC John and Margaret Humphreys	Membership
	Port Captain
Craig Whitacre	Communications
Pam Dake Jackson	Webmaster
Austin Dix	Ship's Store
Laura Roskelly	Ships Store
Ginger Hegler	Roster
HC Bob McCormick	Fleet Surgeon
Dr. Mark Monroe	
SC Dale & Susan Westover Giali	Judge Advocates

Thanks to all who have contributed to this issue. A special thanks to SC Cindy Broz Allen and HC Bob and Joanne McCormick for their help and guidance.  
Go to [www.sgyc.club](http://www.sgyc.club) To see all of the event pictures , more of Dr. Mark Monroe's interesting and helpful articles, upcoming events and lots more.

**SeaGate Yacht Club**

P.O. Box 1863 Huntington Beach, CA 92649



**A Member  
of the  
Southern California  
Yachting Association**

