



# SeaGate Yacht Club

From Harbour Light Magazine February 2021  
 By SGYC TREASURER, JACKIE SANDS

The  
 B  
 U  
 R  
 G  
 E  
 E

## SeaGate Yacht Club

by Jackie Sands

2020 Hindsight  
by Jackie Sands

It's 2021, 2020 is done!  
Here is hoping the new year,  
Will bring us more fun!

SGYC is planning  
Events for the year  
In hopes that "covid"  
We will no longer hear,

Soon we can meet to  
Party and dance!  
With nothing to fear!

We're waiting, we're hoping  
We'll be ready with plans

For a happy new year!

### SEAGATE YACHT CLUB FIN-TASTIC DECORATING PARTY

Picture Collage by SC Cindy Broz Allen: SeaGate Yacht Club's Honorary Commodore and Roster Chairperson Bob McCormick and volunteer members worked to ready Robin and Jean Clark's FIN-TASTIC, for the Huntington Harbour Boat Parade.



## FRANCIS OKINO, COMMODORE



Seagate Yacht Club continues to meet via Zoom every first Tuesday of the month to discuss issues and plan for future events.

We had the Chocolate Zoom party on February 19, 2021 hosted by Jackie Sands. The few members who attended had a great time especially with the Scavenger Hunt game. The winners were Staff Commodore Mary Shebell and Merle McCormick who were awarded with a few "Lucky Bucks".

Our next event will be Prime Rib Dinner at Bahia Corinthian Yacht Club on April 1, 2021. Unfortunately, this event was sold out just a few hours after it was posted. However, should the Covid-19 protocol change at the club, members on the waiting list will be notified accordingly.

Our Opening Day is scheduled for April 24, 2021. We are hoping that the present restrictions may be relaxed by then and the event will proceed normally. We will soon be contacting all potential skippers to participate in the Boat parade. Please plan to enter your boat in the parade. Electric, power or sail boats can participate.

Our intention is to have at least one event every month. We are still working on the May event. If you want to help with the May event, please contact Jackie Sands or Laura Roskelly.

Night at the Races is scheduled for June 5, 2021. Again, we are hoping that restrictions will be relaxed by then and we can enjoy this very entertaining event. We will give you more information as the time draws closer.

We are still looking for volunteers to take the positions of Vice Commodore and Rear Commodore. If you want this entertaining club to continue to exist, please consider volunteering!



## What's it like to be Commodore of Seagate Yacht Club?

By Staff Commodore John Humphreys

First of all, being Commodore of any Yacht Club is an honor and privilege ! And, in keeping with our founding Commodore, Dewey Rudolph's original objectives to promote boating and friendship, our club, after 44 years is still one of the friendliest Yacht Clubs around. Having been an active member of several Yacht Clubs previously, I can personally attest to the uniqueness of our club in terms of its warmth and friendship coupled with all the fun we have. Other clubs I have belonged to may have been larger and grander, but quite often they formed cliques, like sailboat racing, power boaters, and those that were mainly interested in the social activities. These different factions tended to not interact very well with each other and, to the detriment of the club, it typically took any new members a long time before they felt they were really acknowledged and genuinely accepted by the majority of the members.

When I was checking out Seagate Yacht Club in 2003 Jim Woods was Commodore, Margaret and I were immediately struck with how friendly and welcoming all the board and club members were. And when Jim and his wife Jeanne welcomed us as new members to sit at their table at the Commodore's Ball we realized how unique SGYC was!

People often say when asked to become a Flag Officer that leads to them becoming Commodore " Oh that's far too much work, I don't have enough time." Well one thing I learned from Jim Woods when I observed him as Commodore was the power of delegation. And anyone who has worked with Jim knows what a great organizer and delegator he is. Dennis Kreil, who was Commodore after Jim, can definitely attest to that! SGYC has a very strong board who are always ready to support the Flag Officers as well as our wonderful event hosts. I believe the greatest attributes you need to be a successful Commodore and to have fun with the minimal of effort is to be a good communicator, interact with everyone in the club, and have good delegating skills. This certainly helped me when I was Commodore in 2010, as the only events that Margaret and I were really responsible for was the Commodore's Ball and a Murder Mystery Dinner. The latter being a very easy event to organize. All of the other events were primarily wonderfully executed by the Event Hosts with the help of the board.

This year has been very challenging for all yacht clubs because of the Pandemic and we also had our Rear Commodore and Vice Commodore resigning because of personal commitments. But we still have a very strong board under our current Commodore Francis Okino who has graciously offered to serve as Commodore next year. So our immediate priority is to search among our existing membership for someone who would consider taking over the Vice Commodore's position for 2021. This can be a tremendous growth opportunity for anyone to further develop their communication and leadership skills. And as Commodore you have the honor of representing our club at other Yacht Club events in Southern California, including opening days, and you will be invited to join the International Order of the Blue Gavel, which gives you access privileges to most of the Yacht Clubs in the U.S.A. and Internationally.

As a Staff Commodore you will always look back with a sense of pride and satisfaction that you have contributed to the great legacy of Seagate Yacht Club. Let's make 2021 a great year and have fun !!



**DR. MARK MONROE, M.D.  
FLEET SURGEON**

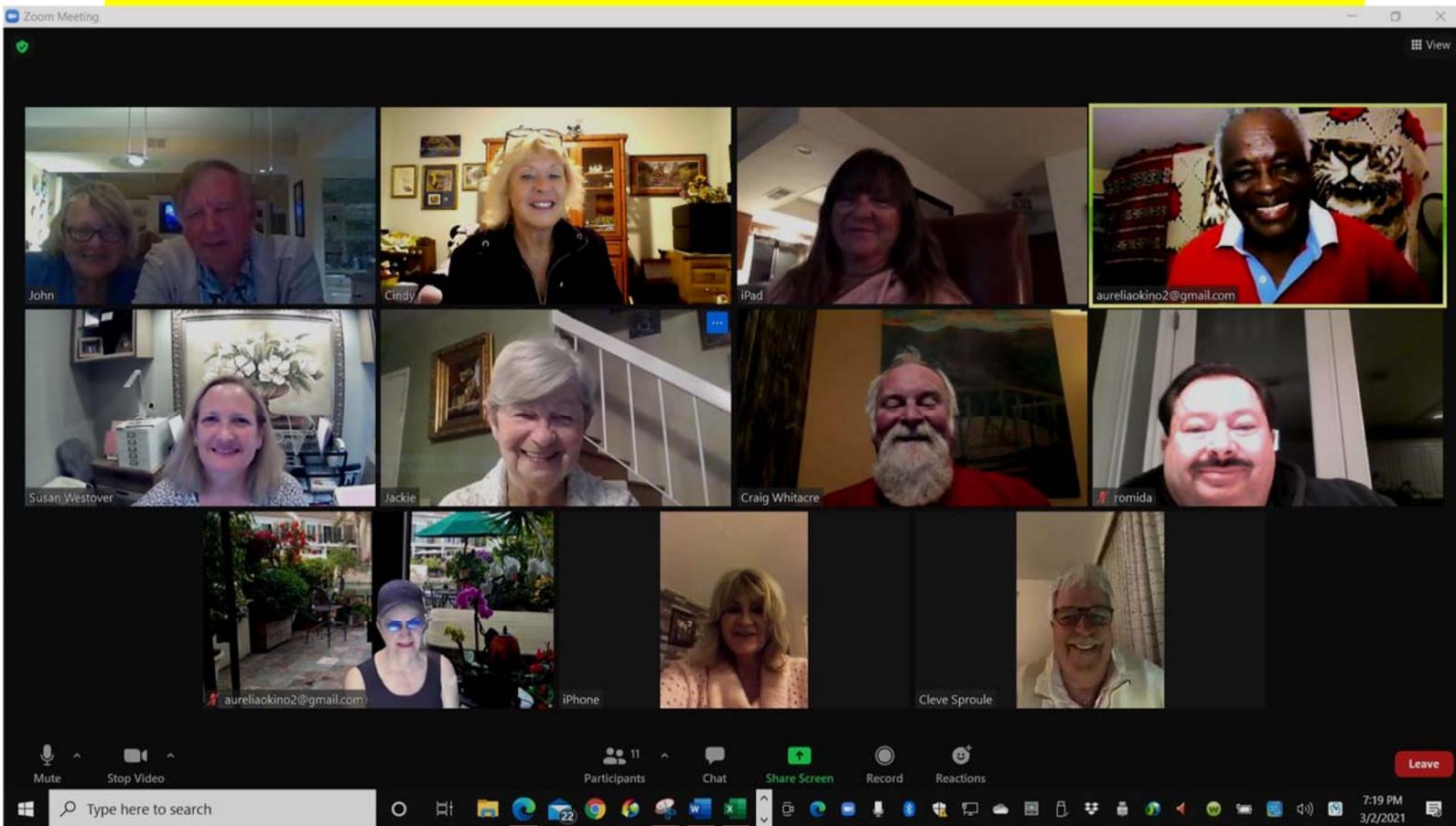
## **Three Different COVID19 Vaccines**

**By Mark N. Monroe, M.D.**

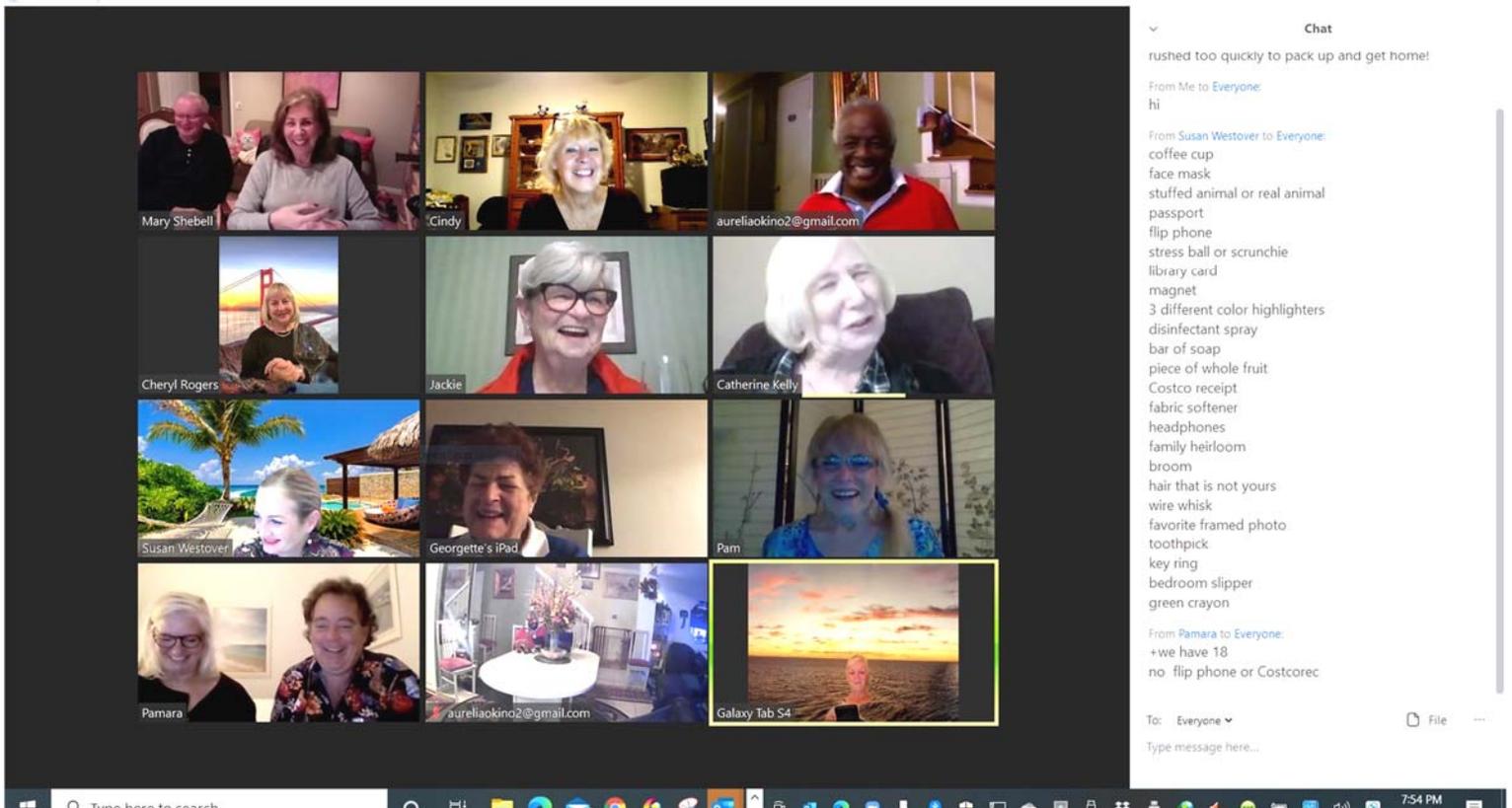
I get asked multiple times a day what is the difference between the three COVID19 FDA Approved Vaccines so I thought that it would be advantageous to you to put it in writing so that you can make your own decisions.

Pfizer's and Moderna's COVID19 vaccines are both 95% effective starting one week after the second dose. They both use mRNA technology that is common to all three strains of COVID19. But new strains such as the one from South Africa is yet to be determined. Pfizer's requires special storage and transport at -97 degrees Fahrenheit whereas Moderna's requires a regular freezer at 0 degrees Fahrenheit and transport at -4 degrees Fahrenheit. Johnson and Johnson's COVID19 vaccine is a single shot and is easier to store and transport in a regular refrigerator or ice cooler. It uses a harmless common cold type adenovirus to carry the genetic code for the COVID19 spike protein so that the body's immune system can make antibodies against it. Efficacy is 50% at 2 weeks and 72% (ranging from 66-85%) after 4 weeks post single injection. All are indicated for adults 18 years of age and older although there are ongoing studies for ages 12-17 years of age. Although no studies have been done on pregnant or lactating women, the American College of Gynecology recommends getting the COVID19 vaccine whichever one that you choose. The vaccine is much better than the risks of getting the COVID19 disease and its possible severe complications. They all carry side effects such as COVID arm (injection site soreness), chills, mild fever, body aches, and muscle aches which last 24 to 48 hours. Rare allergic anaphylactic potentially life-threatening reactions were reported especially if you have severe allergies. All vaccines provide 9 to 12 months of immunity, whereas natural immunity lasts only up to 3 months. This also means annual vaccine booster shots just like the annual flu vaccine. You can register for vaccination appointments on [ohena.com](https://www.ohena.com), [cvs.com/vaccines](https://www.cvs.com/vaccines), [walgreens.com/vaccines](https://www.walgreens.com/vaccines) for Orange County residents. Los Angeles county residents can register [myturn.ca.gov](https://www.myturn.ca.gov).

**Your SGYC Board  
Hard at Work Planning Events  
See last page for events on the schedule.**



**Zoom Wine and Candy and Scavenger Hunt**



## *Happy Birthday April & May*

Robert Sanabria	4/1	Jim Walton	4/17	Rav Naele	5/18
Cecilia Pugh	4/2	Chris Johnson-Pasqual	4/18	Ron Ratkelis	5/19
Debra Wainer	4/2	Jack Wiegand	4/19	Tim O'Brien	5/19
Vance Vlasek	4/4	Bruce Bayless	4/20	Richard Zumwalt	5/19
Pace, Michael	4/4	Richard Verry	4/26	Dale Stucker	5/20
Carla Gallup	4/5	Regina O'Brien	4/26	Bill Oneida	5/22
Dorothy Ralphs	4/6	Carol Kirkwood	4/27	Deanna Anderko	5/23
Ed Davis	4/8	Mary Shebell	4/30	Austin Dix	5/24
Jackie Sands	4/12	Ron Jones	5/3	Cindy Allen	5/25
Doris Dix	4/13	Kathy Lee	5/5	Jeff Smith	5/30
Debbie Wood	4/13	Lolly McHardy	5/13	James Woods	5/31
Gary Pazornik	4/15	Kevin Cloud	5/14		

## *Happy Anniversary April & May*

Guy & Caron Mount	4/6	Erlene and Michael Pace	5/23
Michael & Doris Dix	4/9	Richard & Kaye Verry	5/24
Ben & Karen Rudolph	4/25	Vance & Tiffany Vlasek	5/24
Boris & Dorothy Ralphs	4/26	Pat & Vaughn Jenkes	5/28
Elliott & Debra Wainer	4/28	Cheryl & John Arndt	5/29
Ray & Ellen Martin	5/11	Guy & Deborah Fairon	5/29
David & Bea' Swanson	5/13		

**SHIP'S STORE  
SGYC LOGO CLOTHING**

Ship Store is looking forward  
Until we can safely sell our  
unique merchandise.

**LAURA ROSKELLY  
&  
GINGER HEGLER**

**UPCOMING EVENTS**

**MAGIC NIGHT, BCYC APRIL 1**

**OPENING DAY APRIL 24**

**LUAU TBD MAY**

**NIGHT AT THE RACES JUNE 5**

**TUESDAY CRUIZIN 2 ND AND 4TH WEEK  
JUNE-SEPT.**

**DUFFY CRUISE TO HHYC EVENT  
JULY 11**

**NEWPORT BEACH RAFT UP  
SEPT. 16-18**

**ANNUAL MEETING OCTOBER 5**

**DOCK PARTY OCTOBER 23**

**COMMODORE'S BALL NOVEMBER 13**

**ANNUAL MEETING OCTOBER 5**

**BOAT PARADE  
DECEMBER 11-12**

**NEW YEAR'S EVE  
DECEMBER 31**

Francis Okino Commodore  
OPEN Vice Commodore  
OPEN Rear Commodore  
SC Cindy Broz Allen Secretary  
Jackie Sands Treasurer  
Erlene Pace Jr. Staff Commodore  
SC John and Margaret  
Humphreys Membership  
Craig Whitacre Port Captain  
Pam Dake Jackson  
Communications  
Austin Dix Webmaster  
Laura Roskelly Ship's Store  
Ginger Hegler Ships Store  
SC Cindy Broz Allen Roster  
Dr. Mark Monroe Fleet Surgeon  
SC Dale & Susan Westover Giali  
Judge Advocates

Thanks to all who have contributed to this issue. A special thanks to SC Cindy Broz Allen and HC Bob and Joanne McCormick and Margaret Humphreys for their help and guidance.

Go to [www.sgyc.club](http://www.sgyc.club) To see all of the event pictures , more of Dr. Mark Monroe's interesting and helpful articles, upcoming events and lots more.

**SeaGate Yacht Club**

P.O. Box 1863 Huntington Beach, CA 92649



A Member  
of the  
Southern California  
Yachting Association

