

# SeaGate Yacht Club

# The BURGE

Avalon Cruise



Night at the Races



July  
2016  
Published  
Bi-Monthly

## Avalon Cruise

was a huge success & we would like to thank all the members who participated.  
Let's make it great again next year!  
Erlene & Michael Pace

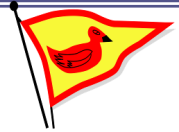


## Night at the Races





## *DR. MARK MONROE, COMMODORE*



**H**ello fellow Yacht Club members! I cannot believe that we are already in the month of July and the cruising season is in full fun swing! We had some wonderful and well attended events in the last few months. Special thanks to the hosts of these events: Erlene and Michael Pace, Aurelia and Francis Okino, Jackie Sands, Eugene and Lucille Mascoli, Jeff and Bonnie Specht and Kelly Tidwell and Fran Cyrus.

All participating members had a great time as evidenced by numerous photographs posted on the web by our webmaster Ray Nagele. On June 11, I sponsored a CPR class that was held at the Huntington Harbour Yacht Club to benefit the Huntington Beach Sailing Foundation Children's Sailing Program. Nineteen students attended the class and I hope they learned the valuable life-saving procedures that were presented. Our next event will be The Progressive Dinner on July 9.

The theme of this event will commemorate the up-coming Olympic Games in Rio de Janeiro. This event is always very popular with the members and I am sure the event hosts Dale and Sue Giali, Diane Reeve and Jeff Ricketts have planned a fabulous event for all to enjoy! Please check the yacht club's official website at [www.seagateyachtclub.com](http://www.seagateyachtclub.com) for upcoming events and exciting club news.



### UPDATE ON SUNBLOCK By Dr. Mark Monroe

**I** have been asked if there was any update on sunblock as the doctors keep on finding sun-caused pre-malignant skin growths even though they are using over-the-counter sunblock. There is recent research at the University of California, Riverside, that was published in 2013 that updated original FDA's recommendations of 2009. SPF, or Skin Protection Factor, is a measurement of how effective the sunscreen is in preventing sunburn. For example, if you normally burn in 10 minutes, SPF of 15 will multiply this time by 15 i.e. 150 minutes before burning. It is best to re-apply

the sunscreen after 2 hours.

No sunscreen is waterproof and can be diminished with swimming, rubbing, or wiping off. The ultraviolet rays can be in either UVA or UVB frequency range. Many former over-the-counter sunscreens did not block UVA radiation which does not primarily cause sunburn, but can increase the rate of aging, photo dermatitis (brown sun spots), pre-malignant and malignant skin lesions, such as basal cell cancer, squamous cell cancer, or malignant melanoma. Broad spectrum sunscreen covers both UVA and UVB frequencies. The FDA set out the comprehensive set of rules in 2011 to take effect in 2013 designed so that consumers could identify and

select suitable sunscreen protection products.

The two ingredients that have been approved by the FDA are Zinc Oxide and Titanium Dioxide. In the past, it was 3-4% of active ingredient but now it is recommended 9-10%. The best sunscreen is still a broad brimmed hat, polarized UVA/UVB wrap-around sunglasses, and long sleeve shirts and pants. Light colored cotton fabrics are the best alternative to sunscreens.

When selecting the sunscreen, pay close attention to active ingredients on the label. If you cannot find the right sunscreen locally, check the internet for alternatives.



## *BRENT FRIEDLAND, REAR COMMODORE*



Hi Seagate Yacht Club Members,

**S**ummer is here and we have a new fuel dock in Huntington Harbour, Maxum Petroleum at (562) 280-0103.

As of this this entry, we have a freshly dredged bottom and a newly repaired seawall in Huntington Harbour. This should provide us with greater safety for our on-the-water activities. The boating season is here in full swing. We will be at several coves on Catalina Island this summer and hope to see many of you there flying your burgees.



## KELLY TIDWELL, VICE COMMODORE



HELLO SUMMER!

SGYC has been especially busy with events this year. In mid-May, the Avalon Event was extremely well planned and flawlessly executed by Erlene and Michael Pace. Thanks to all who participated. You really made it a success. June was busting out all over with parties and events. First there was the Night at the Races at Los Alamitos, a First Class, well organized event hosted by

Francis and Aurelia Okino and co-hosts Eugene and Lucille Mascoli and Jackie Sands with tons of fun, prizes for horse trivia games and hat competition. Also in June, an armada of SGYC Duffys turned out for the Huntington Harbour Yacht Club Brunch on June 12<sup>th</sup> hosted by Jeff and Bonnie Specht. 2016 Tuesday Cruisin' season was initiated on June 14<sup>th</sup> with about 40 members docking their Duffys at Pelican Isle and taking over the patio seating.

Lastly, On June 18<sup>th</sup> SGYC members were provided a fabulous dinner by Love At First Bite Catering Company of Huntington Beach. The night was filled with food, fun, and laughter, Karaoke singing and dancing (even some dance lessons) organized by our Do In It Again hosts Kelly Tidwell and Fran Cyrus. Wishing you all a safe and FUN Summer. Kelly Tidwell, Vice-Commodore SGYC

### DOIN' IT AGAIN



## Duffy Cruise to HHYC



## New Member Highlight

by Mike Courtway, Staff Commodore 2006



Dee & Kirby Holt were married in 2013, but that's only part of their story. They have known each other since they became neighbors in 1973. They were both raising their families in Walnut, CA. Dee had four children; Kirby had two. And, they all became friends. Later in life, both their spouses passed away and they eventually got together. They married in October 2013.

Dee was born in Oak Park, Illinois but later moved to Arcadia with her family. Kirby was born in SoCal and raised on Puget Sound in Washington and spent a lot of time around boats.

While raising her family, Dee moved around, a lot. But, she did manage to work at Frigidaire for 10 years.

Kirby went away to college to study electrical engineering. He received his Masters, and then went on and obtained a PhD while also spending two years in the Army.

He retired from SoCal Edison where he was in research. He spent one year of that on sabbatical in Washington DC where he was a consultant for Senator Mark Hatfield.

The couple has retired in a beautiful Seagate home with their cat, Toby, and are active with the Lion's Club and Trinidad Philharmonic.

They also have 12 grandkids and 7 great grandkids to keep track of.

In their spare time, they use their Duffy (named "Electra") and enjoy cruising in their 42 foot Grand Banks Europa named "Life is Grand". Kirby was commodore of the Hollywood Yacht Club in 2015 and has been active in Predicted Log Racing.

When you see Dee & Kirby, give them a hardy SGYC welcome.



## BURGEE EXCHANGE



SGYC and Loch Lomond Yacht Club From San Rafael, CA exchanged burgees at the Duffy Cruise & Brunch to HHYC.

## HONORS



Opening Day Bill Kopenski the District 11S Division 6 Commander honored our club with a Certificate of Appreciation. We are very proud to be working with the USCG Auxiliary and display the Certificate of Application in our Clubhouse.



Opening Day Matthew Harper, Mayor of Huntington Beach presented our club with a Certificate proudly displayed in our Clubhouse recognizing SGYC's 40<sup>th</sup> Anniversary and it's 10 founders in February 1977.



**Tuesday Cruzin' 2016**  
Tuesday Cruzin' is scheduled for the 2nd and 4th Tuesday June thru September 2016. Fill your Duffy or dinghy with your neighbors or friends and meet over at Pelican Isle around 5:30.



# 2016 Membership Milestones

### UPDATED YEARS

Martha Fee	40	Jeannie Celeketic	31	Jeff & Sharon Smith	30
Jo Ann Busby	19				

### 10 TO 14 YEARS

James & Sandra Atherton	14	Joel & Sherrill Lander	13	Les & Cathy Kelly	11
Pam Jackson	14	Marty & Susan Lipman	13	Ray & Ellen Martin	11
Jerry & Linda Cassidy	14	Rich & Dianne Rector	13	Francis & Aurelia Okino	11
Michael & Sharon Courtway	14	Marsha Hendler	12	Roger & Lynne Wilhelm	11
Clement & Linda Aime	13	Ray & Jan Nagele	12	Dennis Huffman & Peggy Allison	10
Bruce & Kathy Bayless	13	Conrad & Carolyn Platt	12	Eugene & Lucille Mascoli	10
Floyd & Mira D'Angelo	13	Cleve Sproule & Mark Arizmendi	12	Tim & Regina O'Brien	10
Gary & Arlene Dixon	13	David & Bea' Swanson	12	Gary & Barbara Pazornik	10
Ronald Ferandelli	13	Robin & Jean Clark	11	Cindy Shaw & Patrick Smith	10
Gary & Renell Gochman	13	James & Adrienne DeWolfe	11	Anne White	10
Pat & Vaughn Jenkes	13				

## *Happy Birthday*

Becky Mueller	8/6	Sandra Atherton	8/20	Thomasina Parker	9/8
Marta O'Rourke	8/7	Denise Jarvis	8/20	Linda Scholl	9/9
Sandy Rudolph	8/7	Helene Rowlette	8/20	Joe Smith	9/10
Mitch Howard	8/8	Laura Roskelly	8/21	Lari Thomas	9/10
Michael McHardy	8/9	Brad Goodrich	8/22	Craig Koehler	9/12
Kathy Kreil	8/11	Sharon Fuhrman	8/22	Barbara Pazornik	9/14
Michael McEntee	8/13	Gary Gochman	8/28	Kaye Verry	9/14
Candace Cloud	8/13	Guy Mount	8/28	Ray Martin	9/18
Sharon Courtway	8/13	Diane Kaplan	8/30	Ronald Ferandelli	9/21
Mira D'Angelo	8/13	Kelly Tidwell	8/30	Sharon Young	9/22
Tiffany Vlasek	8/13	Uta DeClerck	8/31	Barbara Hart	9/25
Les Kelly	8/14	Adrienne DeWolfe	8/31	Patricia Kirk	9/26
Michael Courtway	8/15	Gary Young	9/1	Ron Nelson	9/26
Jim DeClerck	8/15	Stan Sholar	9/2	Lynne Wilhelm	9/26
Doug Fuhrman	8/18	Christine Bates	9/4	Cindy Surridge	9/29
Mark Arizmendi	8/18	Peggy Allison	9/5		

## *Happy Anniversary*

Brad & Sheri Goodrich	8/8	Dale Giali & Susan Westover	8/22	Jeff & Sharon Smith	9/8
RJ & Terry Parcell	8/11	Michael & Lolly McHardy	8/23	Jim & Bett Walton	9/9
Debbie & Rick Edwards	8/11	Gil & Chris Morris	8/23	Tom & Jean Worden	9/9
Keith & Cathy Liddle	8/14	Francis & Aurelia Okino	8/23	Roger & Lynne Wilhelm	9/12
Joe & Verna Smith	8/15	Tom & Jan McKnew	8/26	David & Barb Bobier	9/16
Rick & Lari Thomas	8/17	Ray & Jan Nagele	9/2	Gary & Renell Gochman	9/19
Jeff & Tina Haas	8/17	Patrick & Marta O'Rourke	9/5	Dzung Thanh & Minh-Hai T Nguyen	9/23
Alan & Barbara Olschwang	8/19			Scott & Becky Mueller	9/24

**SHIPS STORE  
SGYC LOGO CLOTHING  
Erlene Pace  
310-433-5127**

## **UPCOMING EVENTS**

**Progressive Dinner  
Saturday, July 9**

**Newport Cruise  
Thursday-Sunday, August 11-14**

**Duffy Cruise Event  
Saturday, September 17**

**Duffy Cruise to HHYC  
Sunday, October 2**

**Annual Meeting  
Tuesday, October 4**



## **2016 CREW**



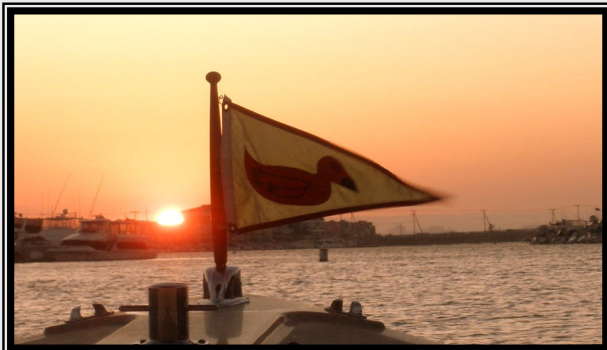
**Dr. Mark Monroe  
Kelly Tidwell  
Brent Friedland  
Gil Morris  
Cindy Allen  
Jackie Sands  
Aurelia Okino  
Jim Hagin  
Erlene Pace  
Bob McCormick  
SC Ray Nagele  
Pam Jackson  
SC Josef Davydovits**

**Commodore  
Vice Commodore  
Rear Commodore  
Jr. Staff Commodore  
Secretary  
Treasurer  
Membership  
Port Captain  
Ships Store  
Roster  
Webmaster  
Communications  
Historian**

*Many thanks to those of you who contribute to the Burgee and to Mike Courtway for the biographies. Special recognition to Secretary Cindy Allen and Jeff and Bonnie Specht. Also, to Les Kelly, Josef Davydovits, Ray Nagele and all that have contributed photographs that bring our website and Burgee to Life!*

# **SeaGate Yacht Club**

*P.O. Box 1863 Huntington Beach, CA 92649*



**A Member  
of the  
Southern California  
Yachting Association**

